

November 2014, photograph by Bob



February 2015, photograph by Frances



STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme – 48

APRIL 2015 – SEPTEMBER 2015

"The Ramblers' Association is a registered charity (England & Wales number: 1093577, Scotland number SC039799) and a company limited by guarantee, registered in England & Wales. Company registration number: 4458492. Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW."

IMPORTANT DATES TO REMEMBER

11th April	Contact Alan Connor if you are interested in going to Arran on 23rd May.	
6th May	Bus to Glen Ample area Book your seat on the bus for 16th May.	
17th June	Bus to Peebles area Book your seat on the bus for 27th June	
2nd July	Leaders Meeting 7.00 pm Any Social events to be ready today	
5th Aug	Bus to Tyndrum and Crianlarich Book your seat on the bus for 15th August	
Pages 19 & 20	Social Programme	

Strathkelvin Ramblers website

You are encouraged to check our website

www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme.

You can also register your email address with the webmaster:

webmaster@strathkelvinramblers.org.uk

to be kept up-to-date with the latest news from the group.

RAMBLERS' ASSOCIATION (SCOTLAND)

STRATHKELVIN GROUP

PROGRAMME No 48 (APRIL 2015 – SEPTEMBER 2015)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	Archie Leishman	01360 620346
Vice Chairperson Minute Secretary	Kathleen Brolly	07703 386 832
Treasurer	Charlie Hasson	0141 563 1038
Secretary	Ann Martin	01360 310 070
Bus Convenor Footpaths & Environment	Alan Gemmell	0141 578 9812
Membership Secretary	Anne Wilkie	0141 776 3145
Librarian Halls Convenor	Elke Hinton	01360 311 944
Independent Member	Barbara Martin	0141 779 3796
Independent Member	Alan Thomson	0141 776 4755
Independent Member	Robert Bain	07802 452693

<u>GRADES</u> <u>OF</u> <u>WALKS</u>	A	Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents.
	B+	Moderate to strenuous.
	B	Moderate - hills and moorland paths
	C+	Mainly level but could have inclines - less than 17 km (10.5 miles)
	C	Mainly level - less than 12 km (7.5 miles)
	Unsure of your ability? Telephone the leader before 9.00 p.m.	

MEETING POINT - CARS and BUSES –

SATURDAY - Southbank Business Park – Visitors Parking,

Car Park located off Southbank Park Drive, opposite Police Station car park, grid ref- NS 654 734

WEDNESDAY – Lidl Kirkintilloch Car Park , Milton Road, Kirkintilloch G66 1SY

Meet at the appropriate car park at 8.50 a.m. for a prompt 9.00 a.m. departure (unless a different start time is listed).

CARS: -A contribution of £0.09 per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £9.00. The leader on the day will advise members of the cost.

BUSES –Cost £12.00

1.	Remember all seats must be booked ahead for buses. If wishing to go on any of the buses, you must phone the Bus Convenor before the bus cut off date. Cancellations will be charged.
2.	Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled.
3.	Visiting members are of course welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

**WARNING: PLEASE CHECK THE START TIME OF THE WALK IN THE PROGRAMME AS SOME
START EARLY e.g. 8.20 a.m. FOR AN **8.30a.m.** DEPARTURE**

GUIDELINES FOR WALKERS

- Warm and waterproof clothing, food and drink must be worn/carried on every walk. (Unsuitable clothing e.g. denims should not be worn)
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks.
- Emergency food e.g. chocolate, first aid kit and survival bag should be carried by all.
- A whistle should be kept within easy reach (on your person not in a rucksack).
- Individuals are reminded that they are responsible for carrying any special medication that they require for personal use.
- On 'A' and 'B' walks it is desirable to carry the relevant map and a compass and to know how to use them.
- Walkers **must** stay within sight or hailing distance of the leader or back marker at all times.
- Members **must not** leave a walk without informing the leader or back marker.
- Walkers **must** also inform the walk leader of any medical condition that could affect their ability to complete the walk.
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at **ALL** times.
- Do not drop litter.
- Sorry, dogs are not allowed on any of our walks.

PLEASE CHECK IN ADVANCE WITH THE LEADER

- If you intend to meet the group at the start of a walk **IT MAY HAVE CHANGED**
- Or if you have any reservations about your ability to do the walk.

GUIDELINES FOR LEADERS

- Welcome new walkers and introduce them to the group.
- Will set a walking pace within the capability of the entire party.
- Will count the number of walkers before, approximately halfway and at the end of every walk.
- Will give an outline of the route and estimated timings to the back marker and if relevant, the bus driver.
- Will appoint a back marker.
- Should turn away any walker not properly equipped.
- Leaders may cancel or change any walk at their discretion.

Leaders please ensure you have a current membership card before you lead a walk.

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept any liability for any accident.

Everyone's safety depends on the co-operation of every member. Please consider other walkers and inform the leader ASAP if you spot a problem or potential problem. All incidents on walks are to be reported to the Secretary.

Any comments/complaints/suggestions should be sent to the chairperson for discussion at the next committee meeting.

THE RAMBLERS' ASSOCIATION

Non-Members are welcome to join us on two walks only before joining the Ramblers' Association. Application forms are available from the:

Membership Secretary:

Anne Wilkie Tel: 0141 776 3145

Joining the Ramblers' Association gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

The Club Library holds a selection of maps, which are listed below. They can be borrowed by contacting the:

Club Librarian – Elke Hinton 01360 311 944
librarian@strathkelvinramblers.org.uk

Ordnance Survey Pathfinder Maps (1:25 000 scale)			
346	Crianlarich	392	Fintry & Carron Bridge
347	Glen Dochart & Lochearnhead	402	Greenock & Port Glasgow
357	Ardlui	403	Clydebank & Milngavie
358	Strathyre	404	Cumbernauld & Kirkintilloch
368	Arrochar & Ben Lomond	415	Bridge of Weir
369	The Trossachs	416	Glasgow West
381	Buchlyvie & Balmaha	429	Largs & Kilbirnie
382	Stirling & Kippen	441	Arran North
390	Helensburgh	454	Arran Central
391	Killearn & Drymen	467	Arran South
Ordnance Survey Landranger Maps (1:50 000 scale)			
7	Pentland Firth	66	Edinburgh, Penicuik & N. Berwick
22	Benbecula & South Uist	69	Isle of Arran
23	North Skye	70	Ayr & Kilmarnock
32	South Skye	71	Lanark & Upper Nithsdale
41	Ben Nevis & Fort William	72	Upper Clyde Valley, Biggar & Lanark
42	Glen Garry & Loch Rannoch	73	Peebles & Galashiels
43	Braemar & Blair Atholl	74	Kelso & Coldstream
44	Ballater & Glen Cova	76	Girvan
49	Oban & East Mull	78	Nithdale & Annandale
48	Iona,Ulve & West Mull	79	Hawick & Eskdale (Langholm)
50	Glen Orchy	82	Stranraer & Glen Luce (The Rhins)
51	Loch Tay	90	Penrith & Keswick, Ambleside
52	Pitlochry to Crieff	108	Liverpool, Southport & Wigan
53	Blairgowrie	117	Chester & Wrexham
56	Loch Lomond & Inveraray	145	Cardigan & Mynydd Preseli
57	Stirling & The Trossachs	197	Chichester & The Downs
58	Perth & Alloa	198	Brighton & The Downs
59	St Andrews, Kirkcaldy, Glenrothes	199	Eastbourne, Hastings
63	Firth of Clyde	200	Newquay & Bodmin
64	Glasgow, Motherwell & Airdrie	203	Lands End & Isles of Scilly
65	Falkirk & Linlithgow, Dunfermline	204	Truro & Falmouth
Ordnance Survey Explorer Maps (1:25 000 scale)			
337	Peebles & Innerleithan	377	Loch Etive & Glen Orchy
347	Loch Lomond South – Dumbarton, Helensburgh, Drymen and Cove	364	Loch Lomond North – Tyndrum, Crianlarich & Arrochar
OL29	Isle of Wight		
Harvey's Maps Walkers & Superwalker Series (1:25 000 or 1:40 000 scale)			
Arrochar Alps		Ochil Hills	
Ben Ledi & Callander Hills		Peebles (Manor Hills & St Mary's Loch)	
Ben Lomond & Loch Katrine		Pentland Hills	
Crianlarich Hills		Skye	
Glasgow Popular Hills		West Highland Way	
Travel Master Series (1:250 000 scale)			
4	Southern Scotland & Northumberland		
Bartholomew National Map Series (1:10 000 scale)			
5	New Forests & Isle of Wight	32	West Yorkshire
29	The Peaks & South Yorks	56	Buchan & Gordon

Remember the club library books, they are useful when planning that walk you are planning to put in the next programme.

APRIL 2015

Wednesday 1st April 2015

Grade – C+ **Around Doune**
Leaders – Ann Martin **Tel: 01360 310 070**
 Ann Langley **01360 310 807**
O.S. 57 **Distance - 9.6km (6 Miles)** **Height – negligible**
Walk starts at: **Doune Castle** **Grid Ref - NN 730 010**
Transport: **Cars leaving Lidl Car Park @ 9.00 a.m.**
Note/s: Good paths.

Saturday 4th April 2015

Grade – B **"Reap The Rewards," Glen Sherup, Innerdownie, Ben Shee (Ochils)**
Leaders – Frances Price **Mob: 07772 998 906**
 Alan Gemmell **Tel: 0141 578 9812**
 Mob 07856 278 037
O.S. 58 **Distance - 14.5 km (9 Miles)** **Height - 360m (1170ft)**
Walk starts at: **Whittens, nr Glen Sherup, Ochils, A823** **Grid Ref - NN 969 050**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**
Note/s: Hill tracks.

Grade – C+ **Drumpellier Country Park and part of 7 Lochs Way**
Leaders – Anne Clark **Tel: 0141 563 3907**
 Mob: 07722 827 887
 Kathleen Brolly **07703 386 832**
O.S. 64 **Distance -12.8 km (8 Miles)** **Height - negligible**
Walk starts at: **Drumpellier Country Park** **Grid Ref - NS 704 664**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**

Saturday 11th April 2015

Grade – B **Glen Finglas Reservoir**
Leader – Charlie Hasson **Tel: 0141 563 1038**
 Mob 07960 264 155
O.S. 57 **Distance - 10.9 km (6.95 Miles)** **Height - 404m (1325ft)**
Walk starts at: **Little Drum Car Park, Brig O'Turk** **Grid Ref - NN 548 062**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**
Note/s: Mostly tracks.

Grade – C+ **A Meander around Bridge of Allan**
Leaders – Ann Martin **Tel: 01360 310 070**
 Ann Langley **01360 310 807**
O.S. 57 **Distance - 11.2 km (7 Miles)** **Height - 100m (325ft)**
Walk starts at: **Bridge of Allan Railway Station** **Grid Ref - NS 785 978**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**

APRIL 2015

Saturday 18th April 2015

Grade – B+ **Dunglass Rock, Ballagan Spout and Glen**
Leader – John Hinton **Tel: 01360 311 944**
O.S. 64 **Distance - 11.2 km (7 Miles)** **Height - 500m (1640 ft)**
Walk starts at: **Strathblane Church CP on A891** **Grid Ref - NS 564 794**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**
Note/s: **Some rough terrain. SWT Reserve; geologically interesting.**

Grade – C+ **Dunglass Rock, Ballagan Spout**
Leader – Elke Hinton **Tel: 01360 311 944**
O.S. 64 **Distance - 8 km (5 Miles)** **Height - 180m (590 ft)**
Walk starts at: **Strathblane Church CP on A891** **Grid Ref - NS 564 794**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**
Note/s: **SWT Reserve; geologically interesting. Return to Kirkhouse Inn for coffee.**

Saturday 25th April 2015

Grade – B Easy **Old Lanark Road, Fiddlers Glen, Clyde Walkway**
Leader – Hazel Macfarlane **Tel: 0141 578 1611**
 Mob 07842 554 134
O.S. 72 **Distance - 14.5 km (9 Miles)** **Height - 150m (500ft)**
Walk starts at: **Crossford Car Park** **Grid Ref - NS 827 464**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**
Note/s: **Good paths, muddy in places, tarmac minor roads, steep steps at Braidwood.**

Grade – C+ **Cobleland**
Leader – Rena Scott **Tel: 0141 328 3697**
O.S. 57 **Distance - 12.8 km (8 Miles)** **Height - negligible**
Walk starts at: **Aberfoyle Car Park** **Grid Ref NN 525 009**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**



****Remember****



Book your seat on the club buses ASAP, Thank you.
First bus 16th May to Ben Each&Beinn Bhreac, Glenample- Cost £12

MAY 2015

Saturday 2nd May 2015

Grade – B	Meikle Reive & Maiden Castle	
	Leader – John Hinton	Tel: 01360 311 944
O.S. 64	Distance - 8.8 km (5.5 Miles)	Height - 250m (713ft)
Walk starts at:	Milton of Campsie Cross Car Park	Grid Ref - NS 652 767
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Note/s: Some rough terrain and moderately steep but short slopes.		

Grade – C+	Milngavie to Clachan of Campsie	
	Leader – Frances Price	Tele:07772 998 906
O.S. 64	Distance - 14.5 km (9 Miles)	Height - negligible
Walk starts at:	Milngavie	Grid Ref - NS 556 746
Transport:	Service bus, meet at Southbank Business Park @ 9.00 a.m.	
Note/s: REMEMBER your bus pass. Some road walking.		

Wednesday 6th May 2015

Grade – C+	Buchanan Estates	
	Leaders - Frances Price	Tel: 07772 998 906
	Ann Langley	01360 310 807
O.S. 56	Distance - 12.8 km (8 Miles)	Height - 150m (450ft)
Walk starts at:	Drymen Car Park, Stirling Road	Grid Ref - NS 473 886
Transport:	Cars leaving Lidl Car Park @ 9.00 a.m.	

Saturday 9th May 2015

Grade – A	Stuc Odhar, Brig O'Turk	
	Leader – Alan Thomson	Tel: 0141 776 4755
		Mob:07860 497 905
O.S. 57	Distance - 15.2 km (9.5 Miles)	Height - 638m (2074ft)
Walk starts at:	Little Drum CP, Loch Venachar	Grid Ref - NN 548 062
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	
Note/s: Some track, mostly open hillside with the climbing of a deer fence gate required.		
Boggy ground, gaiters required.		

Grade –C+/B Easy	Aberfoyle, David Marshal Lodge (now-The Lodge Forest Visitor Centre) and Beyond.	
	Leaders – Margaret Gibb	Tel: 0141 776 6160
	Shirley Cowan	0141 776 2969
O.S. 57	Distance - 12.8km (8 Miles)	Height - 310m (1000ft)
Walk starts at:	Aberfoyle Woollen Mill Car Park	Grid Ref - NN 522 009
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	
Note/s: Paths and tracks, gentle pace.		

MAY 2015

Saturday 16th May 2015

**Ben Each &
Beinn Bhreac**

Book your seat
by
6th May



Glen Ample

Grade – B+ **Ben Each and Beinn Bhreac**
Leader – Frank Duffy **Tel: 0141 776 1638**
O.S. 57& 51 **Distance - 12.0 km (7.5 Miles)** **Height - 683m (2200ft)**
Walk starts at: **Layby on A84** **Grid Ref - NN 583 137**
Transport: **Bus leaving Southbank Business Park, @ 8.30 a.m.**
Note/s: Hillside tracks, (some rough)

Grade –C+ **Glen Ample**
Leaders – Ann Martin **Tel: 01360 310 070**
 Christine Duffy **0141 776 1638**
O.S. 57& 51 **Distance - 11.2km (7 Miles)** **Height - 120m (393ft)**
Walk starts at: **Layby on A84, near Lochearnhead** **Grid Ref - NN 588 227**
Transport: **Bus leaving Southbank Business Park @ 8.30 a.m.**
Note/s: Good paths.

Saturday 23rd May 2015

Note: Contact Alan Connor by 11th April if interested in going on any of the hikes below.

Grade – A **Corrie to Goatfell (Arran)**
Leader – Alan Thomson **Tel: 0141 776 4755**
 Mob 07860 497 905
O.S. 69 **Distance - 10.5 km (6.5 Miles)** **Height - 874m (2867ft)**
Walk starts at: **Corrie** **Grid Ref - NS 025 421**
Transport: **Cars leaving Southbank Business Park @ 5.30a.m.**
 + Ferry + Local bus on Arran

Grade – B **Meall Biorach and Glen Catacol (Arran)**
Leader – Alan Connor **Tel: 0141 776 1549**
O.S. 69 **Distance - 13 km (8.1 Miles)** **Height - 650m (2150ft)**
Walk starts at: **Mid Thunderguy** **Grid Ref - NR 879 467**
Transport: **Cars leaving Southbank Business Park @ 5.30a.m.**
 +Ferry + Local bus on Arran.

Note: It is possible for some walkers to do an easier version of this hike by omitting the steepish climb up Meall Biorach then meeting up again with the main group. This would shorten the walk by 2.25 km and save 250m of ascent, making the walk a C+/Easy B.

MAY 2015

Saturday 30th May 2015

Grade – B **Bengengie Circular**
Leaders – Ann and Robert Bain **Tel: 07802 452 693**
O.S. 58 **Distance - 12 km (7.5miles)** **Height - 566m (1854 ft)**
Walk starts at: **Menstrie** **Grid Ref - NS 848 971**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m**
Note/s: All good paths.

Grade – C **Dumfries House by Auchinleck**
Leader – Barbara Martin **Tel: 0141 779 3796**
 Mob: 07773 935 250
O.S. 70 **Distance - 11.2 km (7 Miles)** **Height - 120m (360 ft)**
Walk starts at: **Dumfries House Car Park** **Grid Ref - NS 542 203**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m**
Note/s **Track/ Pavement/ Road walking.**



Ben Lomond No More

**I have climbed "The Ben" again and again
But now I have called it a day
As muscles protest, demanding a rest
Suggesting I am now old and grey
But people, more kind, say age is all in the mind
And Rambling keeps one healthy and spry
So I will keep on walking and whistling and
talking
And remember to never -say - die**

**If obesity is rife, then movement is life
Keeping active and supple is the aim
I'll eschew the Bens but stravaig the Glens
And keep marching on without strain
Yes - that's what I'll do, but what about you?
Make a step by step plan of campaign
To walk far and wide in our fair country-side
It is good for the heart and the brain**

And as an addendum- NIL DESPERANDUM

Douglas Robertson

JUNE 2015

Wednesday 3 rd June 2015		
Grade – C+	Coilhullan Wood- Callander Loop	
	Leaders – Ann Martin	Tel: 01360 310 070
	Ann Langley	01360 310 807
O.S. 57	Distance - 10.4 km (6.5miles)	Height - 100m (325ft)
Walk starts at:	Kilmahog CP, near Callander	Grid Ref - NN 609 080
Transport:	Cars leaving Lidl Car Park @ 9.00 a.m.	

Saturday 6 th June 2015		
Grade – B	South Blackhill Circular	
	Leader – Aileen McLay	Tel: 0141 775 1339
		Mob: 07762 386 507
O.S. 66	Distance - 16 km (10.0 Miles)	Height -510m (1590ft)
Walk starts at:	Harlaw Reservoir CP	Grid Ref - NT 181 655
Transport:	Cars leaving Southbank Business Park @ 9.00a.m	

Grade – C+	The Knock of Crieff	
	Leaders – Ann Martin	Tel: 01360 310 070
	Ann Langley	01360 310 807
O.S. 58	Distance - 10.4 km (6.5 Miles)	Height - 279m (840ft)
Walk starts at:	Glenturret Distillery- near Crieff	Grid Ref - NN 852 234
Transport:	Cars leaving Southbank Business Park @ 9.00a.m	

Saturday 13th June 2015		
Grade – B+	Woodhill, Ben Ever & Alva Glen	
	Leader – Alan Gemmell	Tel: 0141 578 9812
		Mob 07856 278 037
O.S. 58	Distance - 16 km (10 Miles)	Height - 622m (2040ft)
Walk starts at:	Woodland Car Park, Alva	Grid Ref - NS 898 975
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Note/s Steep start, Moorlands and Land Rover tracks.		

Grade – C+	Reverse Loop below Campsies	
	Leaders – Margaret Wilson	Tel: 0141 776 3801
	Hazel Macfarlane	0141 578 1611
O.S. 64	Distance - 12 km (7.5 Miles)	Height - negligible
Walk starts at:	Milton of Campsie Car Park	Grid Ref - NS 652 767
Transport:	Cars leaving Southbank Business Park @ 9.00a.m	

****Remember****

Book your seat on the club buses ASAP, Thank you.
Next bus is 27th June to Peebles . Cost £12



JUNE 2015

Saturday 20th June 2015

Grade – A+ O.S. 50 Walk starts at: Transport: Note/s: A serious walk, 2 tops, reducible to 1 as necessary.	Stob Ghabhar (&Stob a Choire Odhair) Leader – Bob Cole Distance - 16 km (10 miles) Car Park 300m S of Victoria Bridge, Cars leaving Southbank Business Park @ 8.00 a.m.	Tel: 0141 578 3533 Mob: 07543 943 455 Height - 1190m (3900 ft) Grid Ref - NN 271 418
---	--	---

Grade – C+ O.S. 55 Walk starts at: Transport: Note/s: Woodland and Moorland Paths.	Furnace and Auchindrain Leader – Gordon Brown Distance - 9.6 km (6 Miles) War Memorial in Furnace Cars leaving Southbank Business Park @ 8.30 a.m.	Tel: 01360 620 616 Mob 07874 804 591 Height - 100m(325ft) Grid Ref - NN 024 002
---	---	--

Saturday 27th June 2015

Peebles

**Book your seat
by
17th June**



Peebles

Grade – B+ O.S.72 & 73 Walk starts at: Transport: Note/s: Lengthy but not at all difficult.	Peebles to Broughton Leader – Aileen McLay Distance - 19.2 km (12 Miles) King's Muir, Peebles Bus leaving Southbank Business Park, @ 8.00 a.m.	Tel: 0141 775 1339 Height - 810m (2633ft) Grid Ref -NT 246 396
--	---	--

Grade – B O.S. 73 Walk starts at: Transport:	Cademuir Hill, Kirkton Manor and The Tweed Leader – Ella Corbett Distance - 16.0 km (10.0 Miles) King's Meadow Car Park, Peebles Bus leaving Southbank Business Park @ 8.00 a.m.	Tel: 0141 779 2595 Height - 250m (813ft) Grid Ref - NT 252 403
---	---	---

Grade – B (Easy) O.S. 72 Walk starts at: Transport: Note/s: Paths and tracks, gentle pace.	Stobo to Broughton Leader – Alan Connor Distance - 12.8 km (8 Miles) Stobo Church Bus leaving Southbank Business Park @ 8.00 a.m.	Tel: 0141 776 1549 Height - 325m (1055ft) Grid Ref - NT 184 376
---	--	--

JULY 2015

Wednesday 1st July 2015

Grade – C

Cardowan Moss

Leader – Ian McCallum

Tel: 0141 578 7653

O.S. 64

Distance - 8.8 km (5.5 miles)

Height - negligible

Walk starts at:

Hogganfield Loch Car Park

Grid Ref - NS 639 671

Transport:

Cars leaving **Lidl Car Park** @ 9.00 a.m.

Thursday 2nd July 2015

LEADERS MEETING & PROGRAMME DETAILS

LENZIE PUBLIC HALL

Lower Hall @ 6.50 p.m. for 7.00 p.m. start

Lots of walks required. So please all those who have yet to lead a walk team up with someone and plan that walk you always dreamed of. Now is your chance. Need help to recce the walk? Then speak to a committee member or one of our leaders.



If possible please send or phone details of your walks in advance, or even the name of the walk and number of last programme it appeared in. If you have a specific date in mind could you give an alternative or dates you can't manage. This allows some preparation to be done prior to the meeting.

Please make an effort to come along, as the meeting is a vital place to try and fill our programme and exchange ideas.

PLEASE NOTE THESE ARE APPROXIMATE CONVERSIONS

Miles	Kilometres
5.5	8.8
6.0	9.6
6.5	10.4
7.0	11.2
7.5	12.0
8.0	12.8
8.5	13.6
9.0	14.5
10.0	16.0

Metres	Feet
100	325
200	650
300	975
400	1300
500	1625
914	3000
1,000	3250

JULY 2015

Saturday 4 th July 2015		
Grade – A	Beinn Chabhair	
	Leaders – Archie Leishman	Tel: 01360 620346
	Evelyn Leishman	Mob: 07842 532 394
O.S. 50	Distance - 14 km (8.7miles)	Mob: 07842 532 396
Walk starts at:	Drovers' Inn Car Park, Inverarnan	Height - 964m (3163 ft)
Transport:	Cars leaving Southbank Business Park @	Grid Ref - NN 318 184
		8.00 a.m.
Grade – C+	Palacerigg/ Cumbernauld Glen	
	Leaders – Margaret Gibb	Tel: 0141 776 6160
	Mary Brown	0141 578 3749
O.S. 64	Distance - 13.6 km (8.5 Miles)	Height - 100m (325ft)
Walk starts at:	Visitor Centre Car Park -Palacerigg	Grid Ref - NS 787 733
Transport:	Cars leaving Southbank Business Park @	9.00 a.m.
Note/s: Some gentle inclines. Tracks and paths.		
Saturday 11 th July 2015		
Grade – B	Frandy Burn	
	Leaders – Matt Millar	Tel: 07563 708 120
	Claire Millar	07114 719 731
O.S. 58	Distance - 14.3 km (8.8miles)	Height - 522m (1721ft)
Walk starts at:	CP Lower Glen Devon Reservoir	Grid Ref - NN 971 053
Transport:	Cars leaving Southbank Business Park @	9.00 a.m.
Grade – C+	Balmerino- Fife- west of Newport- on-Tay	
	Leader – Gordon Brown	Tel: 01360 620 616
		Mob 07874 804 591
O.S. 59	Distance - 11.2 km (7 Miles)	Height - 100m (325ft)
Walk starts at:	Small layby just before Balmerino Mill	Grid Ref - NO 357 249
Transport:	Cars leaving Southbank Business Park @	8.30 a.m.
Saturday 18th July 2015		
Grade – B+	Stronend and Fintry Hills	
	Leader – David Mackenzie	Tel: 0141 762 3412
		Mob 07570 981214
O.S. 57	Distance - 12.8 km (8 miles)	Height - 400m (1300 ft)
Walk starts at:	Fintry Sports Centre	Grid Ref - NS 616 867
Transport:	Cars leaving Southbank Business Park @	9.00 a.m.
Grade – C+	Alloch Dam	
	Leader – Margaret Wilson	Tel: 0141 776 3801
O.S. 64	Distance - 12 km (7.5 Miles)	Height - 75m (200 ft)
Walk starts at:	Southbank Business Park @	Grid Ref - NS 654 734
	9.00 a.m.	

JULY 2015

Saturday 25th July 2015

Grade – B	Kirkton Glen and Lochan	Tel: 0141 563 1038
	Leader – Charlie Hasson	Mob 07960 264 155
O.S. 57	Distance - 11.3 km (7.2miles)	Height - 539m (1768 ft)
Walk starts at:	Balquhiddier Car Park	Grid Ref - NN 535 209
Transport:	Cars leaving Southbank Business Park @	8.30 a.m.
Note/s: Good paths and tracks.		
Grade – C+	Around outskirts of Beecraigs Country Park, Guthrie's Path and up Cockleroy Hill	Tel: 0141 563 3907
	Leader – Anne Clark	Mob: 07722 827 887
O.S. 65	Distance - 12.8 km (8 Miles)	Height - 175m (564ft)
Walk starts at:	Beecraigs Visitor Centre	Grid Ref - NT 007 743
Transport:	Cars leaving Southbank Business Park @	9.00 a.m.

EXAMPLE OF INFORMATION REQUIRED FROM WALK LEADER/S

Date	
Walk Title	
Grade	
Leader/s Tel No/s	
Map & Grid Ref	
Distance	
Height	
Walk starts at	
Transport Details	
Note/s	

****Remember****

Book your seat on the club buses ASAP, Thank you.
Next bus is 15th August to Tyndrum and Crianlarich.
Cost £12



AUG 2015

Saturday 1st August 2015

Grade – B+	Beinn An T Sidhein	
	Leaders – Matt Millar	Tel: 07563 708 120
	Claire Millar	07114 719 731
O.S. 57	Distance - 12.8 km (8miles)	Height - 420m (1378ft)
Walk starts at:	Forestry Car Park , Strathyre	Grid Ref - NN 560 168
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Grade – C+	Watermeetings- South Lanark	
	Leader– Gordon Brown	Tel: 01360 620 616
		Mob: 07874 804 591
O.S. 78	Distance - 12.0 km (7.5 Miles)	Height - 200m (650ft)
Walk starts at:	Quarry (disused) on A702- Come off M74 at Junction 13.	Grid Ref - NS 951 132
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Note/s :	Good paths. 6 stiles.	

Wednesday 5th August 2015

Grade – C+	Linlithgow Loch and Union Canal	
	Leaders – Ann Martin	Tel: 01360 310 070
	Kathleen Brolly	07703 386 832
O.S. 65	Distance - 11.2 km (7miles)	Height - 100m (325ft)
Walk starts at:	Lochside Car Park, Water Yetts Lane	Grid Ref - NS 998 771
Transport:	Cars leaving Lidl Car Park @ 9.00 a.m.	

Saturday 8th August 2015

Grade – B+	Benvane (via Stuc Dhubh)	
	Leaders – Ann and Robert Bain	Tel: 07802 452 693
O.S. 57	Distance - 16.8 km (10.5miles)	Height - 934m (3063ft)
Walk starts at:	Brig O'Turk- after school, towards power station.	Grid Ref - NN 533 070
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	
Note/s:	Good tracks.	
Grade – C+	Braco Lochs, Fort and Castle	
	Leader – Anne Clark	Tel: 0141 563 3907
		Mob: 07722 827 887
O.S. 57	Distance - 13.6 km (8.5 Miles)	Height - 100m (325ft)
Walk starts at:	CP just leaving Braco, immediately on left before bridge over River Knaik.	Grid Ref - NN 838 099
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Note/s:	Tracks and paths. May be boggy in places.	

AUG 2015

Saturday 15th August 2015

Tyndrum

Book your seat
by
5th August



Crianlarich

Grade – A

Beinn Chuirn

Leaders – Archie Leishman

Tel: 01360 620346

Mob: 07842 532 394

Mob: 07842 532 396

Height - 970m (3182ft)

Grid Ref - NN 329 306

O.S. 50

Evelyn Leishman

Distance - 14 km (8.7 Miles)

Walk starts at:

Green Welly Car Park, Tyndrum

Transport:

Bus leaving Southbank Business Park @ 8.00 a.m.

Note/s: Paths, tracks and open hillside.

Grade – B

The Ancient Forest below Beinn Dubhraig

Leaders – Frances Price

Tel: 07772 998 906

Maggie Nutley

07853 000 248

Kathleen Brolly

07703 386 832

O.S. 50

Distance - 12.2km (7.5 Miles)

Height - 409m (1200ft)

Walk starts at:

Dalrigh Car Park

Grid Ref - NN 343 295

Transport:

Bus leaving Southbank Business Park @ 8.00 a.m.

Grade – C+

Crianlarich to Tyndrum (WHW)

Leaders – Ann Martin

Tel: 01360 310 070

Ann Langley

01360 310 807

O.S. 50

Distance - 11.5 km (7 Miles)

Height - 200m (650ft)

Walk starts at:

Crianlarich Station Car Park

Grid Ref - NN 385 254

Transport:

Bus leaving Southbank Business Park @ 8.00 a.m.

Note/s : Good paths along the WHW



AUG 2015

Saturday 22nd August 2015

Grade – B Easy	Glen Ogle and Railway Walk	
	Leaders – Hazel Macfarlane	Tel: 0141 578 1611
		Mob: 07842 554 134
	Margaret Wilson	Tel: 0141 776 3801
		Mob: 07977 534 442
O.S. 51	Distance - 12.8 km (8miles)	Height - 214m (660ft)
Walk starts at:	Lochearnhead Car Park on A 85	Grid Ref - NN 589 237
	opposite Water Sports Centre.	
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	
Grade – C+	Lockerbie	
	Leader– Gordon Brown	Tel: 01360 620 616
		Mob: 07874 804 591
O.S. 78	Distance - 9.6 km (6 Miles)	Height - 100m (325ft)
Walk starts at:	Lockerbie Rail Station	Grid Ref - NY 137 817
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	
Note/s:	Good paths.	

Saturday 29th August 2015

Grade – B	Earl's Seat, Fin Glen, Killearn	
	Leaders – David Mackenzie	Tel: 0141 762 3412
	Hilary Sneddon	0141 776 1543
O.S. 57	Distance - 13 km (8.1miles)	Height - 540m (1745ft)
Walk starts at:	Fin Glen	Grid Ref - NS 610 793
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	
Note/s:	Some cars at Killearn/ Fin Glen	
Grade – C+	Gartmorn Dam	
	Leader – Ann Martin	Tel: 01360 310 070
O.S. 58	Distance - 11.2 km (7 Miles)	Height - 100m (325ft)
Walk starts at:	Moss Road Car Park- Tillicoultry	Grid Ref - NS 920 970
Transport:	Cars leaving Southbank Business Park @ 9.00 a.m.	

SEPT 2015

Wednesday 2nd September 2015

Grade – C+ **Lochan a Ghleannain**
Leaders – Frances Price **Tel: 07772 998 906**
 Ann Martin **01360 310 070**
O.S. 57 **Distance - 11.2 km (7 Miles)** **Height - 100m (325ft)**
Walk starts at: **Milton Car Park, near Aberfoyle** **Grid Ref - NN 499 011**
Transport: **Cars leaving Lidl Car Park @ 9.00.m.**
Note/s: Good tracks

Saturday 5th September 2015

Grade – A **Ben Lui and Beinn a' Chleibh**
Leaders – Archie Leishman **Tel: 01360 620346**
 Evelyn Leishman **Mob: 07842 532 394**
 Mob: 07842 532 396
O.S. 50 **Distance - 9.5 km (5.8 Miles)** **Height - 1020m (3345ft)**
Walk starts at: **Forestry Commission Car Park in Glen** **Grid Ref - NN 239 278**
 Lochy (off A85)
Transport: **Cars leaving Southbank Business Park @ 8.00 a.m.**
Note/s: River crossing at start. Will substitute an alternative if in spate.

Grade – B **Glen Loin**
Leaders – Anne Wilkie **Tel: 0141 776 3145**
 Ella Corbett **0141 779 2595**
O.S. 56 **Distance - 16 km (10Miles)** **Height - 300m (975ft)**
Walk starts at: **Arrochar Car Park** **Grid Ref - NN 299 048**
Transport: **Cars leaving Southbank Business Park @ 9.00 a.m.**

Saturday 12th September 2015

Grade – B **Comrie Circle**
Leaders – George Martin **Tel: 01360 310 070**
O.S. 57 **Distance - 17 km (11 Miles)** **Height - 350m (1100ft)**
Walk starts at: **Road near Earthquake House, Comrie** **Grid Ref - NN 762 201**
Transport: **Cars leaving Southbank Business Park @ 9.00a.m.**

Grade – C+ **Pine Cones - Dunkeld**
Leaders – Frances Price **Tel: 07772 998 906**
 Barbara Martin **0141 779 3796**
 Mob: 07773 935 250
O.S. 53 **Distance - 11.2 km (7Miles)** **Height - 300m (975ft)**
Walk starts at: **Rumbling Bridge Car Park, Dunkeld** **Grid Ref - NT 997 407**
Transport: **Cars leaving Southbank Business Park @ 8.30 a.m.**

SEPT 2015

Saturday 19th September 2015

Grade – A	Beinn an Lochan, Rest and be Thankful	
	Leader - Alan Thomson	Tel: 0141 776 4755
		Mob 07860 497 905
O.S. 56	Distance - 9.6 km (6 Miles)	Height - 901m (2930ft)
Walk starts at:	Butterbridge parking area at the bottom bend of the Rest and be Thankful - A83.	Grid Ref - NN 234 096
Transport:	Cars leaving Southbank Business Park @	8.30 a.m.
Note/s:	One car requires to be parked at the top of the Rest and be Thankful for transportation of vehicle drivers.	

Grade – C+	A Local Walk	
	Leader - Liz Paterson	Tel: 07825 233 495
O.S. 64	Distance - 12km (7.5Miles)	Height- negligible
Walk starts at:	Southbank Business Park @ 9.00a.m.	Grid Ref - NS 654 734

Saturday 26th September 2015

Grade – B+	Coilessan Glen	
	Leader - Anne Wilkie	Tel: 0141 776 3145
O.S. 56	Distance - 16 km (10 Miles)	Height - 510m (1670ft)
Walk starts at:	Forestry Office, Ardgarten	Grid Ref - NN 269 037
Transport:	Cars leaving Southbank Business Park @ 9.00a.m.	

Grade – C+	Elie to Anstruther on Fife Coastal Path	
	Leader - Alan Connor	Tel: 0141 776 1549
O.S. 59	Distance - 12km (7.5Miles)	Height- negligible
Walk starts at:	Elie	Grid Ref - NO 494 000
Transport:	Cars leaving Southbank Business Park @	8.30 a.m.
Note/s: Please REMEMBER bus pass. Local bus back to Elie from Anstruther.		

Ramblers	Tel:	020 7339 8500 (General enquiries)
2nd Floor, Camelford House	Fax:	020 7339 8501
87-90 Albert Embankment	E-mail	ramblers@ramblers.org.uk
London SE1 7TW	Web	www.ramblers.org.uk

Ramblers
Kingfisher House
Auld Mart Business Park
Milnathort
Kinross KY13 9DA

Tel: 01577 861222
Fax: 01577 861333
E-mail: scotland@ramblers.org.uk
Web: www.ramblers.org.uk/scotland

Any enquires re membership **www.ramblers.org.uk/membershipenquiries**
Members area (above web site) **Any General Enquiries**

**STRATHKELVIN RAMBLERS SOCIAL PROGRAMME
APRIL – SEPTEMBER 2015**

Tuesday, 28th April 2015

**ENJOY AN EVENING AT
THE STAR FOLK CLUB**

The Admiral Bar, 72 Waterloo St, Glasgow

Tannahill Weavers perform

Time: 7.30 for 8.00 pm

Pay at the door- Cost £8

Meals available before folk night- meet about 6pm

Contact for more information
Barbara Martin

Tel: 0141 779 3796
Mob: 0777 393 5250

Wednesday 20th May 2015

Grade C+ CAMPSIE MAYFEST ROUNDABOUT.

Leader John Hinton Tel 01360 311944

OS 64

Distance 10.3 Km (6.5 miles)

Height 100 m (325 ft)

Walk start Milton of Campsie Village Hall (School Lane)

Grif ref NS 651 768

Note/s: Paths, tracks, grass hillside, quiet road.

Arrive Lennoxton Campsie Memorial Hall around 12.30 (lunch)

Back to Milton of Campsie Railway station 2.00pm (Coffee and entertainment).

X85 back to Kirkintilloch (runs every half hour).

Bus X85 leaving Kirkintilloch Cowgate 9.26am

arrives Milton Cross 9.34am.

Thursday 4th June 2015

Oran Mor, Byres Road, Glasgow, G12 8QX

A Play , A Pie and A Pint

Plus a walk in West End, Botanic Gardens and Kelvingrove, 4 miles/ 2hrs

Performance- Sunset Boulevard- The Lunchtime Cut, by Morag Fullarton

11.30 a.m. for doors opening at 12.00 Cost (approx) £14.00

If just meeting to walk, meet out side Oran Mor, Byres Road at 2.00p.m.

Names for numbers for PPP must be given to Anne Clark by Sat 11th April, if you miss the deadline tickets should still be available on Oran Mor website or possibly at the door.

Contact: Anne Clark

Tele 0141 563 3907

Mob: 07722 827 887

**STRATHKELVIN RAMBLERS SOCIAL PROGRAMME
APRIL – SEPTEMBER 2015 Continued**

Thursday 16th July 2015

A guided tour of Titan Crane, Clydebank, G81 1NX

**Tour starts at 10.00 a.m. There is a lift to the top.
Cost £4 (concession £3) will be cheaper with a group discount.**

**Following this there is an option of a walk along the river and/or lunch at McGonagles
Fish and Chip Restaurant, Clydebank.**

Cars leaving Lidl Car Park, Kirkintilloch at 9.00 a.m.

Contact: Freda Bunyan

Tel: 0141 779 1815

Mob 07904 877 249

Thursday 6th August 2015

A Night of Memories

Miners Welfare and Social Club, Townhead, Kirkintilloch G66 3AA

**Photographs Past and Present, so bring along lots of photographs. Slide show of some of
past events.**

**6.30p.m to 9.30p.m.
Tea /Coffee nibbles**

Contact: Frances Price 07772 998 906

Marjory Dunn 0141 578 7028

Wednesday 16th September 2015

Meal at Cafe Mariana, Italian Restaurant

**141 Cowgate, Kirkintilloch, Glasgow G66 1JT
Cost £12.95. Pre theatre menu. 2 Courses, including tea/coffee.**

6.15p.m. for 6.30p.m.

Names to Aileen by 31st May or as soon as possible.

Cheques made payable to Aileen McLay by 31st August 2015

Contact: AileenMacLay

Tele 0141 775 1339

**When arranging Social events, Committee meetings are usually the first Thursday in the
month, just incase they overlap with your outing.**

APRIL 2015 – SEPTEMBER 2015

QUICK REFERENCE LIST OF OUTINGS AND ACTIVITIES

Day	Date	Grade	Activity/Outing
Wednesday	April 1 st	C+	Around Doune
Saturday	" 4 th	B	"Reap The Rewards," Glen Sherup, Innerdownie, Ben Shee
	" 4 th	C+	Drumpellier Country Park and part of 7 Lochs Way
Saturday	" 11 th	B	Glen Finglas Reservoir
	" 11 th	C+	A Meander around Bridge of Allan
Saturday	" 18 th	B+	Dunglass Rock, Ballagan Spout and Glen
	" 18 th	C+	Dunglass Rock, Ballagan Spout
Saturday	" 25 th	B Easy	Old Lanark Road, Fiddlers Glen, Clyde Walkway
	" 25 th	C+	Cobleland
Saturday	May 2 nd	B	Meikle Reive & Maiden Castle
	" 2 nd	C+	Milngavie to Clachan of Campsie
Wednesday	" 6 th	C+	Buchanan Estates
Saturday	" 9 th	A	Stuc Odhar, Brig O'Turk
	" 9 th	C+/B Easy	Aberfoyle, The Forest Visitor Centre
Saturday	" 16 th	B+	BUS Ben Each and Beinn Bhreac
	" 16 th	C+	BUS Glenample
Saturday	" 23 rd	A	Corrie to Goatfell (Arran)
	" 23 rd	B	Meall Biorach and Glen Catacol (Arran)
	" 23 rd	C+/B Easy	Glen Catacol (Arran)
Saturday	" 30 th	B	Bengengie Circular
	" 30 th	C	Dumfries house by Auchinleck
Wednesday	June 3 rd	C+	Coilhallan Wood- Callander Loop
Saturday	" 6 th	B	South Blackhill Circular
	" 6 th	C+	The Knock of Crieff
Saturday	" 13 th	B+	Woodhill, Ben Ever and Alva Glen
	" 13 th	C+	Reverse Loop below the Campsies
Saturday	" 20 th	A+	Stob Ghabhar and Stob a Choire Odhair
	" 20 th	C+	Furnace and Auchindrain
Saturday	" 27 th	B+	BUS Peebles to Broughton
	" 27 th	B	BUS Cademuir Hill, Kirkton Manor & The Tweed
	" 27 th	B Easy	BUS Stobo to Broughton
Wednesday	July 1 st	C	Cardowan Moss
Thursday	" 2 nd	Meeting	Leaders Meeting - Lenzie Public Hall
Saturday	" 4 th	A	Beinn Chabhair
	" 4 th	C+	Palacerigg/Cumbernauld Glen
Saturday	" 11 th	B	Frandy Burn
	" 11 th	C+	Balmerino
Saturday	" 18 th	B+	Stronend and Fintry Hills
	" 18 th	C+	Alloch Dam
Saturday	" 25 th	B	Kirkton Glen and Lochan
	" 25 th	C+	Beecraigs and Cockleroy Hill
Saturday	August 1 st	B+	Beinn An T Sidhein
	" 1 st	C+	Watermeetings, South Lanark
Wednesday	" 5 th	C+	Linlithgow Loch and Union Canal
Saturday	" 8 th	B+	Benvane via Stuc Dhubh
	" 8 th	C+	Braco Lochs, Castle and Fort
Saturday	" 15 th	A	BUS Ben Chuirn
	" 15 th	B	BUS The Ancient Forest below Beinn Dubhcraig
	" 15 th	C +	BUS Crianlarich to Tyndrum WHW
Saturday	" 22 nd	B Easy	Glen Ogle and Railway walk
	" 22 nd	C+	Lockerbie
Saturday	" 29 th	B	Earl's Seat, Fin Glen, Killearn
	" 29 th	C+	Gartmorn Dam
Wednesday	September 2 nd	C+	Lochan A Ghleannain
Saturday	" 5 th	A	Ben Lui and Beinn a' Chleibh
	" 5 th	B	Glen Loin
Saturday	" 12 th	B	Comrie Circle
	" 12 th	C+	Pine Cones- Dunkeld
Saturday	" 19 th	A	Beinn an Lochan, Rest and be Thankful
	" 19 th	C+	Local walk
Saturday	" 26 th	B+	Coilessan Glen
	" 26 th	C+	Elie to Anstruther

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com