



Glen Ample, photograph by Frances Price

STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme 50

APRIL – SEPTEMBER 2016

Meeting Points for Cars and Buses

Saturday - Southbank Business Park Visitors Parking, G66 1XQ.

Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.

Due to parking restrictions at Lidl store, the walk leader will hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

Cost of Travel

Cars - A contribution of 9p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £9. The leader will advise members of the cost on the day.

Buses – Cost £12

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged.

Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled.

Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

Important Dates to Remember

ASAP	Contact Hilary Sneddon if attending Canal Cruise on 15 th April
ASAP	Contact Alan Connor if attending the Thai Café Meal on 18 th May
2 Apr	Contact Anne Clark by this date if attending Summer Panto at Oran Mor on 6 th July
11 Apr	Contact Christine Pacione or Ann Martin by this date if attending visit to Ross Priory on 11 th May
30 Apr	Contact Alan Connor by this date if going to Arran on 14 th May
4 May	Contact Hilary Sneddon by this date if attending Rock Choir Concert on 4 th July
18 May	Contact Robert Bain by this date if going on bus to Bridge of Orchy on 28 th May
31 May	Contact Aileen McLay by this date if attending visit to Greenbank Gardens on 23 rd June
18 Jun	Walk details and social events for Winter Programme by this date, if possible
29 Jun	Contact Robert Bain by this date if going on bus to Dunkeld on 9 th July
30 Jun	Programme Meeting in Lenzie Public Hall at 7.00pm All members welcome – meeting is not just for leaders
23 Jul	Contact Barbara Martin by this date if attending visit to Harvey Maps at Doune on 10 th August
17 Aug	Contact Robert Bain by this date if going on bus to Pentlands on 27 th August
6 Sep	Contact Moira Lang by this date if attending visit to Britannia Panopticon on 22 nd September

RAMBLERS' ASSOCIATION (SCOTLAND)
STRATHKELVIN GROUP
PROGRAMME No 50 (April – September 2016)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	Archie Leishman	01360 620 346
Treasurer	Charlie Hasson	0141 563 1038
Secretary	Christine Pacione	01360 312 749
Programme Co-ordinator	Ann Martin	01360 310 070
Membership Secretary	Bob Cole	0141 578 3533
Footpaths Officer	James Lawson	0141 775 2845
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Anne Wilkie	0141 776 3145
Librarian	Alan Connor	0141 776 1549
Independent Member	Barbara Martin	0141 779 3796
Independent Member	Alan Thomson	0141 776 4755
Independent Member	Neil Kitchener	01360 312 347

Strathkelvin Ramblers Website

You are encouraged to check our website www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme. You can also register your email address with the webmaster at webmaster@strathkelvinramblers.org.uk to be kept up-to-date with the latest news from the group.

The Ramblers' Association

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to www.ramblers.org.uk/membershipenquiries
 Non-Members are welcome to join us on two walks before joining the Ramblers' Association.
 Application forms are available from the Membership Secretary or you can apply online. Joining the Ramblers' Association gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the leader or back marker at all times
- Must not leave a walk without informing the leader or back marker
- Must inform the walk leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at ALL times. Dogs are not allowed on any of our walks
- Walkers intending to meet the group at the walk start must check in advance with the walk leader as the walk may have changed.

GUIDELINES FOR LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a back marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk.

The club holds a selection of maps and books which may be useful when planning a walk. A list of these can be found on the Strathkelvin Ramblers website. The list can also be obtained from the Club Librarian or by emailing librarian@strathkelvinramblers.org.uk

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

A Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents.

B+ Moderate to strenuous.

B Moderate - hills and moorland paths

C+ Mainly level but could have inclines - less than 17 km (10.5 miles)

C Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please telephone the leader before 9.00 pm on a day prior to the walk

Contact Details

	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Mary Campbell	0141 959 6686	
	Anne Clark	0141 563 3907	07722 827 887
	Bob Cloggie	0141 775 0914	
*	Bob Cole	0141 578 3533	07481 929 520
*	Alan Connor	0141 776 1549	
	Ella Corbett	0141 779 2595	
	Shirley Cowan	0141 776 2969	
	Joan Darling	01360 311 922	07712 316 333
	Frank and Christine Duffy	0141 776 1638	
	Stuart Ferguson	0141 956 5961	07802 744 620
	David Ford	0141 578 6748	07938 884 883
	Alan Gemmell	0141 578 9812	07856 278 037
	Margaret Gibb	0141 776 6160	
	Charlie Hasson	0141 563 1038	07960 264 155
	Neil and Christine Kitchener	01360 312 347	07802 320 958
	Moir Lang	0141 776 4161	
	James Lawson	0141 775 2845	
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
*	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
*	Hazel Macfarlane	0141 578 1611	07842 554 134
	David Mackenzie	0141 762 3412	07443 932 253
	Aileen McLay	0141 775 1339	07762 386 507
	Matt Millar	01236 728 970	07563 708 120
	Maggie Nutley		07853 000 248
	Christine Pacione	01360 312 749	07715 446 140
	Liz Paterson		07490 285 426
	Frances Price		07772 998 906
	Rena Scott	0141 328 3697	
	Rose Shaw	0141 563 3419	07730 461 138
	Hilary Sneddon	0141 776 1543	07908 219 770
	Alan Thomson	0141 776 4755	07860 497 905
	Iain Walker		07788 944 385
	Anne Wilkie	0141 776 3145	07956 537 408
	Margaret Wilson	0141 776 3801	07977 534 442

* indicates Programme Sub-Committee member

APRIL 2016

Saturday 2 nd April 2016			
Grade B	Campsie Ridge Walk Long ascent onto ridge then undulating path along ridge and back down into village		
O.S. 64	Distance 13km (8 miles)	Ascent 480m (1,600ft)	
Walk starts at	Chestnut Walk, Lennoxton next to Glazert Country House Hotel	Grid Ref NS 630 773	
Leaders	Neil and Christine Kitchener		
Grade C+	Trains, Planes and Automobiles A walk around Cumbernauld. Mainly good paths with one muddy section. One busy dual carriageway crossing		
O.S. 64	Distance 12km (7.5 miles)	Ascent 132m (400ft)	
Walk starts at	Croy Railway Station	Grid Ref NS 729 755	
Leader	Maggie Nutley		
Wednesday 6 th April 2016			
Grade C+	Drymen Circular Mostly on good paths, some muddy areas and a little road walking with good views over Loch Lomond		
O.S. 57	Distance 12km (7.5 miles)	Ascent 150m (480ft)	
Walk starts at	Stirling Road Car Park, Drymen	Grid Ref NS 473 886	
Leaders	Ann Martin and Frances Price		
Saturday 9 th April 2016			
Grade B+	Stronend and Fintry Hills Tracks and hill paths with one steep, short scramble		
O.S. 57	Distance 12.8km (8 miles)	Ascent 400m (1,300ft)	
Walk starts at	Fintry Sports Centre	Grid Ref NS 616 867	
Leader	David Mackenzie		
Grade C+	Callendar Park to Shieldhill Circle Circular walk on mainly good paths		
O.S. 65	Distance 12km (7.5 miles)	Ascent 100m (330ft)	
Walk starts at	Callendar Park Car Park, Falkirk	Grid Ref NS 895 785	
Leader	Ann Martin		

Friday 15th April 2016

CANAL CRUISE

Canal cruise from Southbank Marina to Cadder Church and back leaving Marina at 11.00am
Potential to disembark at Stables restaurant for lunch
and walk back along canal path if majority wish
Limited to 12 persons

To book, contact Hilary Sneddon by 11th March

Saturday 16th April 2016

**CELEBRATION WALK TO MARK ISSUE OF 50th PROGRAMME
AND 50 YEARS OF SCOTTISH RAMBLERS**

Both walks meeting at Mugdock Visitor Centre for lunch stop

Grade B(easy) WHW and Mugdock Park

Circular walk starts and ends at Milngavie Railway Station Car Park.
Beautiful countryside, no hazards to speak of and lunch stop at Mugdock
Visitor Centre

O.S. 64 Distance **16km** (10 miles) Ascent **200m** (660ft)
Walk starts at **Milngavie Railway Station Car Park** Grid Ref **NS 556 744**
Leaders **Rose Shaw and Stuart Ferguson**

Grade C Mugdock Loops

Out to Carbeth passing loch, back to Visitor Centre for lunch then out to
Milngavie Reservoir and back. Easy walk, all on paths or tracks

O.S. 64 Distance **12km** (8 miles) Ascent **100m** (330ft)
Walk starts at **Mugdock Visitor Centre Car Park** Grid Ref **NS 547 781**
Leader **Alan Connor**

Saturday 23rd April 2016

Grade B+ Ben Cleuch Circuit

Some scrambling involved, but quite safe

O.S. 58 Distance **10.2km** (6.3 miles) Ascent **671m** (2,210ft)
Walk starts at **Tillicoultry Mill Glen Car Park** Grid Ref **NS 914 974**
Leader **David Ford**

Grade C+ River Avon Heritage Trail

Distance **12km** (7.5 miles)

O.S. 65 Ascent **100m** (330ft)
Walk starts at **Linlithgow Leisure Centre** Grid Ref **NS 986 763**
Leader **Anne Clark**

APRIL / MAY 2016

Friday 29th April to Monday 2nd May 2016

SCOTTISH RAMBLERS GATHERING

Exploring Easter Ross based in Strathpeffer

For more information, go to www.ramblers.org.uk/scotland

Saturday 30th April 2016

Grade B	Frandy Burn Circuit, Glen Devon	
O.S. 58	Distance 14.3km (8.9 miles)	Ascent 522m (1,713ft)
Walk starts at	Lay-by at Whitens A823	Grid Ref NN 971 053
Leader	David Ford	
Grade C	Two Loops in Palacerigg	
	Good paths	
O.S. 64	Distance 11.2km (7 miles)	Ascent Negligible
Walk starts at	Palacerigg Country Park Visitor Centre	Grid Ref NS 786 733
Leader	Liz Paterson	

MAY 2016

Wednesday 4th May 2016

Grade C+	Blanefield Meander	
	Mostly good paths, could have muddy areas	
O.S. 64	Distance 9km (5.6 miles)	Ascent 100m (330ft)
Walk starts at	Car Park on right hand side of A891	Grid Ref NS 569 793
	Strathblane Road before Kirkhouse Inn	
Leader	Mary Campbell	

Saturday 7th May 2016

Grade A	Ben Narnain by A'Chrois	
	Tracks, paths and grassy ridge with very steep, rough grass to A'Chrois	
O.S. 56	Distance 14.5km (9 miles)	Ascent 1,100m (3,700ft)
Walk starts at	Succoth Car Park	Grid Ref NN 295 049
Leaders	Ann and Robert Bain	
	Cars leaving Southbank Business Park at 8.00am	
Grade C+	Auchincruive Trails, Ayrshire	
	Good paths, but could be muddy in places along the River Ayr Way.	
	There are three loops so possible to drop out early	
O.S. 70	Distance 11km (7 miles)	Ascent 100m (330ft)
Walk starts at	Country Walks Car Park, Scottish	Grid Ref NS 387 231
	Agricultural College, Auchincruive, near Ayr	
Leader	Ann Martin	

Wednesday 11th May 2016

VISIT TO ROSS PRIORY

An opportunity to wander around the gardens and admire
the azaleas and rhododendrons in bloom
Bring your own tea/coffee/lunch or take advantage of the bar menu

An optional 1.5 mile walk up Dunchryne Hill with a climb of 80m
giving fantastic views up the loch depending on weather conditions

Cars leaving from LIDL Car Park, Kirkintilloch at 9.00am

For more details and to book, contact Christine Pacione or Ann Martin by 11th April

Saturday 14th May 2016

Grade A	Castles and Witch's Step (Arran)	
	Mainly paths, narrowish ridge from Castles to Witch's Step, slithery descent into Step then minor scramble, finally steepish descent from Suidhe Fhearghas	
O.S. 69	Distance 12.68km (7.92 miles)	Ascent 870m (2,850ft)
Walk starts at	North Glen Sannox Car Park	Grid Ref NR 993 468
Leaders	Alan Thomson and Bob Cole	
	Cars, ferry. Public bus on Arran. Total cost £20 approx. Seniors remember bus pass. Contact Alan Connor by 30th April if interested in going	
	Cars leaving Southbank Business Park at 5.30am	
Grade B/B(easy)	Glens Catacol, Diomhan, Easan Biorach (Arran)	
	Gradual ascent, a bit rocky, then very wet and boggy down Easan Biorach	
O.S. 69	Distance 13.5km (8.5 miles)	Ascent 410m (1,330ft)
Walk starts at	Catacol Bay	Grid Ref NR 910 490
Leader	Alan Connor	
	Cars, ferry. Public bus on Arran. Total cost £20 approx. Seniors remember bus pass. Contact Alan Connor by 30th April if interested in going	
	Cars leaving Southbank Business Park at 5.30am	
Grade C+	Loch Venachar	
	Mostly on forestry tracks	
O.S. 57	Distance 12km (7.5 miles)	Ascent 120m (400ft)
Walk starts at	East Lodge Car Park	Grid Ref NN 591 053
Leaders	Frances Price and Liz Paterson	

MAY 2016

Wednesday 18th May 2016

THAI MEAL

At Thai Café, 45A Townhead, Kirkintilloch, G66 1NG

7.00pm for 7.15pm

2 course meal of 3 sharing starters and 3 sharing mains at tables for 6 persons
Interesting food - give it a try!

Limited to 30 persons

Cost of £15 not including coffee or drinks
Cheques made payable to Alan Connor by 7th May

To book, contact Alan Connor ASAP but definitely by 16th April

Saturday 21st May 2016

Grade A An Caisteal

Summit reached via Sron Gharbh and Twistin Hill. Return options possible

O.S. 50	Distance 15km (9 miles)	Ascent 900m (2,953ft)
Walk starts at	Lay-by off A82 2km SW of Crianlarich	Grid Ref NN 369 239
Leader	Bob Cole	
	Cars leaving Southbank Business Park at 8.30am	

Grade B(easy) Clyde Walkway, Old Lanark Road and Fiddlers Glen

Good paths, muddy in places, tarmac minor roads and steep steps at Braidwood

O.S. 72	Distance 16km (10 miles)	Ascent 150m (500ft)
Walk starts at	Crossford Car Park	Grid Ref NS 827 464
Leaders	Hazel Macfarlane and Margaret Wilson	



Saturday 28th May 2016



Bridge of Orchy

Grade A

Beinn Dorain

A good Munro, steep ascent but all on paths. Depending upon the group and the weather on the day, it may be possible to add Beinn an Dothaidh (a second Munro) adding 3km and 250m

O.S. 50

Walk starts at
Leader

Distance **9km** (5.6 miles)

Bridge of Orchy Station Car Park
Iain Walker

Ascent **880m** (2,920ft)

Grid Ref **NN 300 395**

Grade B

White Corries to Bridge of Orchy

A southbound stretch of the WHW, largely level with a climb near the end which can be avoided by walking along the road from Inveroran to Bridge of Orchy

O.S. 41 & 50

Walk starts at
Leader

Distance **18km** (11.25 miles)

White Corries
Ann Martin

Ascent **240m** (812ft)

Grid Ref **NN 268 530**

Grade C

WHW - Tyndrum to Bridge of Orchy

A straightforward stretch of the WHW with a gradual easy ascent out of Tyndrum then north on the old military road to Bridge of Orchy. Possible extension (optional) out towards Inveroran and back

O.S. 50

Walk starts at
Leader

Distance **10.75km** (6.75 miles)

Tyndrum (Clifton Village)
Alan Connor

Ascent **110m** (360ft)

Grid Ref **NN 327 302**

Plenty of time for refreshments in Tyndrum and Bridge of Orchy

*****Bus leaving Southbank Business Park at 8.00am*****

Book your place by 18th May

Wednesday 1 st June 2016		
Grade C+	A Stroll around Edinburgh "Dark Deeds and Dark Shadows in Old Town" followed by "Beyond The Worlds End". Lots to see. Start at Tron Kirk and finish at Holyrood	
O.S. 66	Distance 7.7km (4.8 miles)	Ascent 100m (320ft)
Walk starts at	Edinburgh Bus Station	Grid Ref NT 256 742
Leader	James Lawson ***Meet at Buchanan Bus Station at 9.15am***	
Saturday 4 th June 2016		
Grade B+	Ben Donich Traditional ascent along north ridge on paths to summit. Descend via east ridge and rough terrain to join forest track and return to car park	
O.S. 56	Distance 11km (6.8 miles)	Ascent 600m (1,968ft)
Walk starts at	Rest and be Thankful Car Park	Grid Ref NN 230 074
Leaders	Archie and Evelyn Leishman ***Cars leaving Southbank Business Park at 8.30am***	
Grade C+	"A Wee Grouse", Crieff On mostly good paths, could be muddy in places. Circular walk around Glen Turret Distillery, Laggan Hill and Lady Mary's Walk	
O.S. 52	Distance 12.8km (8 miles)	Ascent 100m (320ft)
Walk starts at	Taylor Park Car Park, Crieff	Grid Ref NN 859 210
Leader	Ann Martin	
Saturday 11 th June 2016		
Grade A	Ben Vane (by Loch Lomond) Very small Munro but steep and challenging with some scrambling and false tops for interest. Possibly boggy in places	
O.S. 56	Distance 11km (7 miles)	Ascent 916m (3,000ft)
Walk starts at	Inveruglas Visitor Centre Car Park	Grid Ref NN 323 099
Leaders	Stuart Ferguson and Rose Shaw	
Grade C+	Kinneil Woods and Nature Reserve, Bo'ness	
O.S. 65	Distance 12km (7.5 miles)	Ascent 100m (330ft)
Walk starts at	Seaview Place Car Park, Bo'ness	Grid Ref NS 997 816
Leader	Anne Clark	

Saturday 18 th June 2016		
Grade B	Ben Shee, Glensherup	
	On forest tracks and open hillside with gradual climbs. Gaiters required	
O.S. 58	Distance 14.5km (9 miles)	Ascent 516m (1,677ft)
Walk starts at	Glensherup parking area, River Devon	Grid Ref NN 972 052
Leaders	Ailsa MacLennan and Alan Thomson	
Grade C+	Dunblane to Kinbuck	
	Walk along River Allan mostly on paths and some road walking. Might be altered depending on underfoot conditions	
O.S. 57	Distance 12.8km (8 miles)	Ascent 100m (320ft)
Walk starts at	Car Park beside Dunblane Cathedral	Grid Ref NN 781 014
Leader	Ann Martin	
Thursday 23 rd June 2016		
VISIT TO NTS GREENBANK GARDENS		
Visit with guided tour to Greenbank Gardens, Flenders Road, Clarkston, G76 8RB		
Meet at bus stop outside Ladbrokes, 56 Union Street, Glasgow, G1 3QX at 9.30am prompt to get First Bus (4) to Mearns Road, followed by a 10 minute uphill walk to the gardens.		
Cost is Adult £6.50, Concession £5.00 and free for NTS members There is a café available for tea and coffee		
To book, contact Aileen McLay by 31st May		
Saturday 25 th June 2016		
Grade B+	Lochearnhead Corbetts	
O.S. 51	Distance 14km (9 miles)	Ascent 1,025m (3,350ft)
Walk starts at	Balquhiddar Station	Grid Ref NN 572 210
Leader	Matt Millar	
Grade C+	Glen Ogle to Killin Circular	
	A pleasant circular walk	
O.S. 51	Distance 13km (8 miles)	Ascent 100m (330ft)
Walk starts at	Glen Ogle Car Park	Grid Ref NN 558 285
Leader	Frances Price	
	Cars leaving Southbank Business Park at 8.30am	

JUNE 2016

Thursday 30th June 2016

PROGRAMME MEETING

LENZIE PUBLIC HALL

Lower Hall at 6.50pm for 7.00pm start

Lots of walks are required for our next programme. Now is the chance for those who have yet to lead a walk to team up with someone and plan a walk. If you need help with the recce, then speak to a committee member or one of the regular leaders. The club holds a selection of maps and books, a list of which is available on the website or from the Club Librarian.

Suggestions are also needed for social events.

If possible, please send or phone details of your walks and/or social events in advance and be as flexible as possible with dates. If you have a specific date in mind, could you also give alternative dates and/or dates that you can't manage. This allows some preparation to be done by the Programme Sub-Committee prior to the Programme Meeting.

Please make an effort to come along to the meeting as it is vital to try and fill our programme. It is also an opportunity to exchange ideas and get a preview of the next programme of walks.

Tea and coffee will be provided.

This meeting is for ALL active walk members, not just for leaders.

If possible, please email details of walks and social events to

programme@strathkelvinramblers.org.uk

or, alternatively, pass details to

**Ann Martin (Walks),
Hazel Macfarlane (Social Events)**

or any other member of the Programme Sub-Committee

by Saturday 18th June.

JULY 2016

Saturday 2nd July 2016

Grade A	Ben Ledi and Stank Glen An initial steep climb through what was originally thick forest. Continue onto south east ridge to summit. Descend by Stank Glen	
O.S. 57	Distance 11.6km (7.2 miles)	Ascent 750m (2,450ft)
Walk starts at	Ben Ledi Car Park	Grid Ref NN 587 091
Leaders	Archie and Evelyn Leishman	
Grade C+	Whitelees Wind Farm Good paths	
O.S. 64	Distance 11km (7.2 miles)	Ascent Negligible
Walk starts at	Whitelees Visitor Centre	Grid Ref NS 528 490
Leader	Maggie Nutley	

Monday 4th July 2016

ROCK CHOIR CONCERT

City Halls, Candleriggs, Glasgow, G1 1NQ

Cost is approximately £12.50

Concert start time to be confirmed – probably 7.00pm or 7.30pm

For more information and to book, contact Hilary Sneddon by 4th May

Wednesday 6th July 2016

A PLAY, A PIE AND A PINT (SUMMER PANTO)

plus optional West End Walk

ORAN MOR

Byres Road, Glasgow G12 8QX

Time – 10.45am for doors opening at 11.00am and show starting at 12noon

To book for ORAN MOR, contact Anne Clark by 2nd April

If deadline missed, Anne will help out where possible or
tickets are available from Oran Mor (website www.oran-mor.co.uk)

Very few tickets are available at the door

Anne is also organising a walk in Glasgow which will include
West End, Botanic Gardens, Kelvin Walkway and Kelvingrove
(Distance of 4 miles taking approximately 2 hours)

If just meeting for the walk, meet outside ORAN MOR at 1.00pm

Saturday 9 th July 2016			
	Dunkeld		
Grade B	Duchary Hill and Loch Ordie, Dunkeld		
O.S. 52	Distance 16.8km (10.5 miles)	Ascent 457m (1,500ft)	
Walk starts at Leader	Cally Car Park, Dunkeld	Grid Ref NO 023 437	
	Frank Duffy		
Grade B(easy)	Dunkeld Lochs		
	Good paths and circular walk around 3 lochs		
O.S. 52	Distance 14.4km (9 miles)	Ascent 257m (893ft)	
Walk starts at Leaders	Cally Car Park, Dunkeld	Grid Ref NO 023 437	
	Ann Martin and Christine Duffy		
Grade C+	Atholl Woods, Dunkeld		
	Road and forest track		
O.S. 52	Distance 12km (7.5 miles)	Ascent 260m (850ft)	
Walk starts at Leader	Dunkeld Car Park	Grid Ref NO 024 424	
	Barbara Martin		
Bus leaving Southbank Business Park at 8.30am Book place on bus by 29th June			
Saturday 16 th July 2016			
Grade B+	Auchnafree Hill and Loch Turret, Crieff		
	Open moorland with good views. Some unmarked roads from Crieff.		
	Mix of good tracks, some heather and can be a little boggy at times		
O.S. 52	Distance 13.5km (8.5 miles)	Ascent 786m (2,580ft)	
Walk starts at Leader	Loch Turret Car Park	Grid Ref NN 820 264	
	Matt Millar		
Grade C+	Cobleland		
O.S. 57	Distance 13km (8.2 miles)	Ascent Negligible	
Walk starts at Leaders	Aberfoyle Car Park	Grid Ref NN 525 009	
	Rena Scott and Shirley Cowan		

JULY / AUGUST 2016

Saturday 23 rd July 2016			
Grade B	Duncolm		
	Mainly paths, some boggy areas		
O.S. 64	Distance 17.6km (11 miles)	Ascent 411m (1,350ft)	
Walk starts at	Milton Inn Hotel	Grid Ref NS 423 743	
Leader	Joan Darling		
Grade C+	Balmore Lennox Forest Circular		
	Descent through trees a bit tricky		
O.S. 64	Distance 13.7km (8.5 miles)	Ascent 300m (982ft)	
Walk starts at	Balmore	Grid Ref NS 605 736	
Leaders	Margaret Wilson and Hazel Macfarlane		
Saturday 30 th July 2016			
Grade A	Tarmachan		
	Ridge walk of up to 4 tops. Route avoids exposure. Return via track		
O.S. 51	Distance 15km (9 miles)	Ascent 900m (2,953ft)	
Walk starts at	Ben Lawers Car Park	Grid Ref NN 608 378	
Leader	Bob Cole		
	Cars leaving Southbank Business Park at 8.00am		
Grade B	Loch Leven Heritage Trail		
	A level, circular, traffic free path right around Loch Leven Nature Reserve. Well made level path, lovely views and plenty of birdlife.		
	Option to shorten walk if required		
O.S. 58	Distance 21km (13 miles)	Ascent Negligible	
Walk starts at	Kirkgate Car Park, Kinross	Grid Ref NO 123 019	
Leaders	Hazel Macfarlane and Barbara Martin		

AUGUST 2016

Wednesday 3 rd August 2016			
Grade C+	Whinney Hill Wood, Balloch		
	Circular walk through Balloch Country Park, along paths through Whinney Hill Woods and back along loch side		
O.S. 53 & 56	Distance 10.5km (7 miles)	Ascent 160m (500ft)	
Walk starts at	Balloch Park	Grid Ref NS 355 835	
Leaders	Ann Martin and Kathleen Brolly		

AUGUST 2016

Saturday 6 th August 2016			
Grade A	Ben Vorlich (Loch Lomond) An easy walk towards Loch Sloy followed by a strenuous climb with a clear path (muddy in places) for most of the way to the summit. Return by same route		
O.S. 56	Distance 13.2km (8.2 miles)	Ascent 990m (3,248ft)	
Walk starts at	Inveruglas Visitor Centre Car Park	Grid Ref NN 323 099	
Leaders	Archie and Evelyn Leishman ***Cars leaving Southbank Business Park at 8.30am***		
Grade C+	Tarbet to Arrochar Circular		
O.S. 56	Distance 11.2km (7 miles)	Ascent 200m (660ft)	
Walk starts at	Tarbet Car Park	Grid Ref NN 321 045	
Leader	Alan Gemmell		
Wednesday 10 th August 2016			
VISIT TO HARVEY MAPS, DOUNE			
A short walk at Doune followed by a pre-theatre meal at Woodside Hotel, Stirling Road, Doune, FK16 6AB at 5.00pm. Cost of 2 course meal is £10.75 The visit to Harvey Maps will start at 6.30pm Numbers are restricted to 10 due to the size of the premises Anyone wishing to attend walk and meal only will be welcome Likewise anyone wishing to attend Harvey Maps only should meet at Harvey Maps, 22 Main Street, Doune, FK16 6BJ Cars leaving from LIDL Car Park, Kirkintilloch at 3.00pm To book, contact Barbara Martin by 23rd July			
Saturday 13 th August 2016			
Grade B	Tinto Mainly tracks and paths. Circuit includes Totherin Hill, Tinto (707m, viewpoint) and Lochlyoch Reservoir		
O.S. 72	Distance 12.4km (7.5 miles)	Ascent 570m (1,890ft)	
Walk starts at	Tinto Car Park	Grid Ref NS 965 374	
Leaders	Christine Pacione and Kathleen Brolly		
Grade C+	Palacerigg and Cumbernauld Glen Some gentle inclines, tracks and paths		
O.S. 64	Distance 13.6km (8.5 miles)	Ascent 100m (325ft)	
Walk starts at	Visitor Centre Car Park, Palacerigg	Grid Ref NS 787 733	
Leader	Margaret Gibb		

Saturday 20th August 2016

Grade B	Birnham Hill from Hermitage Car Park		
	Mixed terrain, tracks and heather, cumulative ascent		
O.S. 52	Distance 16km (10 miles)	Ascent	640m (1,981ft)
Walk starts at	Hermitage Car Park	Grid Ref	NO 003 427
Leaders	Ella Corbett and Anne Wilkie		
	Cars leaving Southbank Business Park at 8.30am		
Grade C+	Strathclyde Country Park to Chatelherault		
O.S. 64	Distance 11.2km (7 miles)	Ascent	150m (480ft)
Walk starts at	Watersports Centre, Strathclyde Country	Grid Ref	NS 730 567
	Park		
Leader	Anne Clark		

Saturday 27th August 2016



Pentlands



Grade A	Pentlands Ridge from West to East	
	A grand, fairly tough ridge walk. An initial hike to West Kip from Threipmuir car park then five tops with undulations between, ending at Flotterstone car park	
O.S. 65 & 66	Distance 11.6km (7.2 miles)	Ascent 624m (2,050ft)
Walk starts at	Threipmuir Car Park	Grid Ref NT 168 639
Leader	Charlie Hasson	
Grade B	Three Tops in the Pentland Hills	
	From Harlaw to Flotterstone climbing Harbour, Capelaw and Allermuir Hills en route with paths throughout	
O.S. 65 & 66	Distance 9.2km (5.7 miles)	Ascent 380m (1,254ft)
Walk starts at	Harlaw Car Park	Grid Ref NT 181 655
Leader	Aileen McLay	
Grade C	Pentlands Plod	
	Easy walk from Threipmuir car park to Flotterstone car park on paths throughout plus a little road work. Minor ascent to Earth House at Castle Knowe. Gentle pace	
O.S. 65 & 66	Distance 11km (6.8 miles)	Ascent 195m (643ft)
Walk starts at	Threipmuir Car Park	Grid Ref NT 168 639
Leader	Alan Connor	

*****Bus leaving Southbank Business Park at 8.30am*****
Book place on bus by 17th August

SEPTEMBER 2016

Saturday 3rd September 2016			
Grade A	Ben Lomond		
	Hill paths, steep and mildly rocky on north west ridge		
O.S. 56	Distance 10.5km (6.5 miles)	Ascent 1,050m (3,500ft)	
Walk starts at	Ben Lomond Car Park	Grid Ref NS 359 986	
Leaders	Ann and Robert Bain		
Grade C	Dumfries House by Auchinleck		
	Track, pavement and road walking		
O.S. 70	Distance 11.2km (7 miles)	Ascent 120m (360ft)	
Walk starts at	Dumfries House Car Park	Grid Ref NS 542 203	
Leader	Barbara Martin		
Wednesday 7th September 2016			
Grade C	The Pineapple, Airth		
	An NTS property with good paths and an interesting history		
O.S. 65	Distance 9.5km (6 miles)	Ascent Negligible	
Walk starts at	The Pineapple Car Park, Airth, off the A905	Grid Ref NS 890 884	
	SE of Stirling		
Leader	Frances Price		
Saturday 10th September 2016			
Grade B	The Nebit and Beyond		
O.S. 58	Distance 11.5km (7.2 miles)	Ascent 722m (2,368ft)	
Walk starts at	Alva Glen Car Park	Grid Ref NS 885 976	
Leader	Frank Duffy		
Grade C	Bridge of Weir to Knapps Loch Circular		
	Good paths		
O.S. 63	Distance 12km (7.5 miles)	Ascent Negligible	
Walk starts at	Main Street, Bridge of Weir	Grid Ref NS 391 654	
Leader	Liz Paterson		
11th - 17th September 2016			
EURORANDO			
Join Ramblers from across Europe at Eurorando 2016 in Skane, southern Sweden. They offer a week of exciting hikes and activities for walkers from 11th to 17th September this year. There are various packages available for groups and individuals so you can tailor your trip to suit your needs.			
For more information, go to www.eurorando2016.com			

SEPTEMBER 2016

Saturday 17th September 2016			
Grade B	Duncolm		
	Tracks and hill paths		
O.S. 64	Distance 13km (8 miles)	Ascent 400m (1,312ft)	
Walk starts at	Old Kilpatrick	Grid Ref NS 475 731	
Leader	David Mackenzie		
Grade C	Glasgow's Clyde Bridges		
	Flat walk along River Clyde Walkway on pavements, bridges and paths plus history		
O.S. 64	Distance 9.5km (6 miles)	Ascent Negligible	
Walk starts at	Dalmarnock Bridge, Glasgow	Grid Ref NS 617 627	
Leader	Alan Gemmell		
	Meet at Buchanan Bus Station for 9.45am		
Thursday 22nd September 2016			
VISIT TO BRITANNIA PANOPTICON			
The World's Oldest Surviving Music Hall at 117 Trongate, Glasgow, G1 5HD			
Meet at 1.30pm at City Halls in Candleriggs, Glasgow, G1 1NQ			
To book, contact Moira Lang by 6th September			
Saturday 24th September 2016			
Grade B	Harbour Hill and 3 Reservoirs		
	Mostly track and path, gradual ascents, good paths, some minor road walking		
O.S. 66	Distance 11km (7 miles)	Ascent 309m (1,013ft)	
Walk starts at	Harlaw Car Park	Grid Ref NT 181 655	
Leader	Charlie Hasson		
Grade C+	Primrose Hill		
	Mainly tarred lanes and good forest paths		
O.S. 57	Distance 11.2km (7 miles)	Ascent 289m (900ft)	
Walk starts at	Loch Katrine Car Park	Grid Ref NN 495 071	
Leader	Bob Cloggie		

QUICK REFERENCE LIST

APRIL 2016					
Sat	2nd		B	Campsie Ridge Walk	Neil and Christine Kitchener
	2nd		C+	Trains, Planes and Automobiles	Maggie Nutley
Wed	6th		C+	Drymen Circular	Ann Martin, Frances Price
Sat	9th		B+	Stronend and Fintry Hills	David Mackenzie
	9th		C+	Callendar Park to Shieldhill Circle	Ann Martin
Fri	15th	11.00am		Canal Cruise	Hilary Sneddon
Sat	16th		B(easy)	WHW and Mugdock Park	Rose Shaw, Stuart Ferguson
	16th		C	Mugdock Loops	Alan Connor
Sat	23rd		B+	Ben Cleuch Circuit	David Ford
	23rd		C+	River Avon Heritage Trail	Anne Clark
Fri	29th			Scottish Ramblers Gathering, Strathpeffer, 29th April - 2nd May	
Sat	30th		B	Frandy Burn Circuit, Glen Devon	David Ford
	30th		C	Two Loops in Palacerigg	Liz Paterson
MAY 2016					
Wed	4th		C+	Blane Meander	Mary Campbell
Sat	7th	8.00am	A	Ben Narnain by A'Chrois	Ann and Robert Bain
	7th		C+	Auchincruive Trails, Ayrshire	Ann Martin
Wed	11th	9.00am		Ross Priory Visit	Christine Pacione
Sat	14th	5.30am	A	Castles and Witch's Step (Arran)	Alan Thomson, Bob Cole
	14th	5.30am	B/ B(easy)	Glens Catacol, Diomhan, Easan Biorach (Arran)	Alan Connor
	14th		C+	Loch Venachar	Frances Price, Liz Paterson
Wed	18th	7.00pm		Thai Café Meal	Alan Connor
Sat	21st	8.30am	A	An Caisteal	Bob Cole
	21st		B(easy)	Clyde Walkway, Old Lanark Road and Fiddlers Glen	Hazel Macfarland, Margaret Wilson
Sat	28th	BUS	A	Beinn Dorain	Iain Walker
	28th	8.00am	B	White Corries to Bridge of Orchy	Ann Martin
	28th	BUS	C	WHW - Tyndrum to Bridge of Orchy	Alan Connor
JUNE 2016					
Wed	1st	9.15am	C+	A Stroll around Edinburgh	James Lawson
Sat	4th	8.30am	B+	Ben Donich	Archie and Evelyn Leishman
	4th		C+	"A Wee Grouse", Crieff	Ann Martin
Sat	11th		A	Ben Vane (by Loch Lomond)	Stuart Ferguson, Rose Shaw
	11th		C+	Kinneil Woods and Nature Reserve, Bo'ness	Anne Clark
Sat	18th		B	Ben Shee, Glensherup	Ailsa Maclellan, Alan Thomson
	18th		C+	Dunblane to Kinbuck	Ann Martin
Thu	23rd	9.30am		Visit to Greenbank Gardens	Aileen McLay
Sat	25th		B+	Locheearnhead Corbetts	Matt Millar
	25th	8.30am	C+	Glen Ogle to Killin Circular	Frances Price
Thu	30th	7.00pm		Programme Meeting	

QUICK REFERENCE LIST

JULY 2016					
Sat	2nd		A	Ben Ledi and Stank Glen	Archie and Evelyn Leishman
	2nd		C+	Whitelees Wind Farm	Maggie Nutley
Mon	4th	<i>tbc</i>		<i>Rock Choir Concert</i>	<i>Hilary Sneddon</i>
Wed	6th	10.45am	C	A Play, a Pie and a Pint plus West End Walk	Anne Clark
Sat	9th	BUS	B	Duchary Hill and Loch Ordie	Frank Duffy
	9th	8.30am	B(easy)	Dunkeld Lochs	Ann Martin, Christine Duffy
	9th	BUS	C+	Atholl Woods, Dunkeld	Barbara Martin
Sat	16th		B+	Auchnafree Hill and Loch Turret, Crieff	Matt Millar
	16th		C+	Cobleland	Rena Scott, Shirley Cowan
Sat	23rd		B	Duncolm	Joan Darling
	23rd		C+	Balmore Lennox Forest Circular	Margaret Wilson, Hazel Macfarlane
Sat	30th	8.00am	A	Tarmachan	Bob Cole
	30th		B	Loch Leven Heritage Trail	Hazel Macfarlane, Barbara Martin
AUGUST 2016					
Wed	3rd		C+	Whinney Hill Wood, Balloch	Ann Martin, Kathleen Brolly
Sat	6th	8.30am	A	Ben Vorlich (Loch Lomond)	Archie and Evelyn Leishman
	6th		C+	Tarbet to Arrochar Circular	Alan Gemmell
Wed	10th	3.00pm		<i>Visit to Harvey Maps, Doune</i>	<i>Barbara Martin</i>
Sat	13th		B	Tinto	Christine Pacione, Kathleen Brolly
	13th		C+	Palacerigg and Cumbernauld Glen	Margaret Gibb
Sat	20th	8.30am	B	Birnham Hill from Hermitage Car Park	Ella Corbett, Anne Wilkie
	20th		C+	Strathclyde Country Park to Chatelherault	Anne Clark
Sat	27th	BUS	A	Pentlands Ridge from West to East	Charlie Hasson
	27th	8.30am	B	Three Tops in the Pentland Hills	Aileen McLay
	27th	BUS	C	Pentlands Plod	Alan Connor
SEPTEMBER 2016					
Sat	3rd		A	Ben Lomond	Ann and Robert Bain
	3rd		C	Dumfries House by Auchinleck	Barbara Martin
Wed	7th		C	The Pineapple, Airth	Frances Price
Sat	10th		B	The Nebit and Beyond	Frank Duffy
	10th		C	Bridge of Weir to Knapps Loch Circular	Liz Paterson
Sun	11th			<i>EURORANDO, Sweden, 11th to 17th September</i>	
Sat	17th		B	Duncolm	David Mackenzie
	17th	9.45am	C	Glasgow's Clyde Bridges	Alan Gemmell
Thu	22nd	1.30pm		<i>Visit to Britannia Panopticon</i>	<i>Moir Lang</i>
Sat	24th		B	Harbour Hill and 3 Reservoirs	Charlie Hasson
	24th		C+	Primrose Hill	Bob Cloggie

tbc to be confirmed

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**
outdooraccess-scotland.com