



Stacach Ridge to Goatfell, Isle of Arran, May 2016 - photograph by Bob Cole

STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme 51

OCTOBER 2016 – MARCH 2017

Meeting Points for Cars and Buses

Saturday - Southbank Business Park Visitor Parking, G66 1XQ.

Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.

Due to parking restrictions at Lidl store, the walk leader must hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

Cost of Travel

Cars - A contribution of 9p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £9. The leader will advise members of the cost on the day.

Buses – Cost £12

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged.

Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled.

Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

Important Dates to Remember

9 Sep	Contact Christine Pacione or Ann Martin by this date if attending Scholars' Restaurant Lunch on 9 th November
29 Sep	Contact Hazel Macfarlane by this date if attending Visit to Maryhill Burgh Halls on 13 th October
15 Oct	Contact Anne Clark by this date if attending Panto at Oran Mor on 7 th December
17 Nov	Strathkelvin Ramblers 24th AGM
26 Nov	Cheques to Charlie Hasson by this date if attending Christmas Lunch
10 Dec	Christmas Lunch at Milton of Campsie Bowling Club
5 Jan	Contact Sheila Meiklejohn by this date if attending Scottish Evening on 3 rd February
14 Jan	Walk details and social events for Summer Programme by this date, if possible
18 Jan	Contact Moira Lang by this date if attending Celtic Connections on 25 th January
21 Jan	North Strathclyde Area AGM
26 Jan	Programme Meeting in Lenzie Public Hall at 7pm All members welcome – meeting is not just for leaders
2 Feb	Contact Barbara Martin by this date if attending Visit to Hunterian Museum on 16 th February
15 Feb	Contact Ann Martin by this date if attending Lunch at Katie's Kitchen on 8 th March

RAMBLERS SCOTLAND

STRATHKELVIN GROUP

PROGRAMME No 51 (October 2016 – March 2017)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	Archie Leishman	01360 620 346
Treasurer	Charlie Hasson	01506 411 886
Secretary	Christine Pacione	01360 312 749
Programme Co-ordinator	Ann Martin	01360 310 070
Membership Secretary	Bob Cole	0141 578 3533
Footpaths Officer	James Lawson	0141 775 2845
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Anne Wilkie	0141 776 3145
Librarian	Alan Connor	0141 776 1549
Independent Member	Barbara Martin	0141 779 3796
Independent Member	Alan Thomson	0141 776 4755
Independent Member	Neil Kitchener	01360 312 347

Strathkelvin Ramblers Website

You are encouraged to check our website www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme. You can also register your email address with the webmaster at webmaster@strathkelvinramblers.org.uk to be kept up-to-date with the latest news from the group.

The Ramblers' Association

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to www.ramblers.org.uk/membershipenquiries.

Non-Members are welcome to join us on two walks before joining the Ramblers. Application forms are available from the Membership Secretary or you can apply online. Joining the Ramblers gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the leader or back marker at all times
- Must not leave a walk without informing the leader or back marker
- Must inform the walk leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at ALL times. Dogs are not allowed on any of our walks
- Walkers intending to meet the group at the walk start must check in advance with the walk leader as the walk may have changed.

GUIDELINES FOR LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a back marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk (including car SatNav reference where possible)
- Should check if any events are scheduled to take place which may conflict with the walk
- Should check for lambing season, grouse shooting, deer stalking etc. in area of walk.

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

A Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents

B+ Moderate to strenuous

B Moderate - hills and moorland paths

C+ Mainly level but could have inclines - less than 17 km (10.5 miles)

C Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please consult the leader by telephone before 9.00pm on a day prior to the walk.

CONTACT DETAILS

	Leader(s)	Telephone No	Mobile
	Pauline Anderson	0141 770 9943	07866 414 887
	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Anne Clark	0141 563 3907	07722 827 887
	Bob Cloggie	0141 775 0914	07970 213 373
*	Bob Cole	0141 578 3533	07481 929 520
*	Alan Connor	0141 776 1549	
	Ella Corbett	0141 779 2595	
	Joan Darling	01360 311 922	07712 316 333
	Frank and Christine Duffy	0141 776 1638	
	David Ford	0141 578 6748	07938 884 883
	Alan Gemmell	0141 578 9812	07856 278 037
	Margaret Gibb	0141 776 6160	
	Charlie Hasson	01506 411 886	07960 264 155
	John Hinton	01360 311 944	
	Neil and Christine Kitchener	01360 312 347	07802 320 958
	Moir Lang	0141 776 4161	
	Ann Langley	01360 310 807	
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
*	Hazel Macfarlane	0141 578 1611	07842 554 134
*	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
	Aileen McLay	0141 775 1339	07762 386 507
	Sheila Meiklejohn	0141 578 3093	
	Matt Millar	01236 728 970	07563 708 120
	Maggie Nutley		07853 000 248
	Christine Pacione	01360 312 749	07715 446 140
	Liz Paterson		07490 285 426
	Rena Scott	0141 328 3697	
	Hilary Sneddon	0141 776 1543	07908 219 770
	Alan Thomson	0141 776 4755	07860 497 905
	Anne Wilkie	0141 776 3145	07956 537 408
	Margaret Wilson	0141 776 3801	07977 534 442

* indicates Programme Sub-Committee member

OCTOBER 2016

Saturday 1 st October 2016			
Grade B	Douglas Circular		
	Mainly paths and tracks with some rough going		
O.S. 71	Distance 13.6km (8.5 miles)	Ascent 360m (1,180ft)	
Walk starts at	Douglas West	Grid Ref NS 821 310	
Leaders	Ella Corbett and Anne Wilkie		
	Cars leaving Southbank Business Park at 8.30am		
Grade C+	Up 'n' Doune		
	Mainly on good paths which can be muddy in areas and a small section of road walking		
O.S. 57	Distance 12.8km (8 miles)	Ascent 40m (130ft)	
Walk starts at	Doune Castle Car Park	Grid Ref NN 725 018	
Leaders	Ann Martin and Ann Langley		
Wednesday 5 th October 2016			
Grade C+	Beecraigs Meander		
	Circular walk on good paths		
O.S. 65	Distance 10.5km (6.5 miles)	Ascent Negligible	
Walk starts at	Balvornie Car Park	Grid Ref NS 998 741	
Leaders	Ann Martin and Joan Darling		
Saturday 8 th October 2016			
Grade B	Beinn Uird		
	Mix of open hill, farm track, Ben Lomond path and West Highland Way		
O.S. 56	Distance 12.6km (7.7 miles)	Ascent 616m (2,002ft)	
Walk starts at	Rowardennan Car Park	Grid Ref NS 360 986	
Leader	Bob Cole		
Grade C+	Killearn via the Wooded Glen and WHW		
	Circular walk mostly on paths with some road walking. The walk can be shortened if the weather is not good		
O.S. 57	Distance 12km (7 miles)	Ascent 100m (325ft)	
Walk starts at	Village Hall Car Park, Killearn	Grid Ref NS 521 860	
Leader	Rena Scott		

OCTOBER 2016

Thursday 13th October 2016

VISIT TO MARYHILL BURGH HALLS

A circular Heritage Walk from Maryhill Burgh Halls
returning to Halls for a guided tour at 1pm

Meet at 10am at
Maryhill Burgh Halls, 10-24 Gairbraid Avenue, Glasgow G20 8YE
Buses from Watt Brothers in Hope Street
Citybus 17 or First Glasgow 60,60A,61

To book, contact Hazel Macfarlane by 29th September

Saturday 15th October 2016

Grade B	South Black Hill Circular Circular walk from Harlaw car park which includes West Kip, East Kip, South Black Hill and Scald Law. It is on track and hill paths and includes some steep ascents and descents	
O.S. 65 & 66 Walk starts at Leader	Distance 16km (10 miles) Harlaw Car Park Aileen McLay	Ascent 700m (2,200ft) Grid Ref NT 181 655
Grade C+	Colzium, Banton Loch and Auchinstarry Circular Mainly paths, no stiles or burn crossings	
O.S. 64 Walk starts at Leaders	Distance 12km (7.5 miles) Colzium Car Park Margaret Wilson and Hazel Macfarlane	Ascent Negligible Grid Ref NS 733 785

Saturday 22nd October 2016

Grade B	Round Narnain Paths, tracks and some moorland	
O.S. 56 Walk starts at Leaders	Distance 12km (7.5 miles) Arrochar Car Park Ann and Robert Bain	Ascent 610m (1,982ft) Grid Ref NN 295 049
Grade C+	Greenock Levada Walk (Greenock Cut) Short ascent/descent over ridge then level path along bank of levada, all on good paths	
O.S. 63 Walk starts at Leaders	Distance 13km (8 miles) Greenock Cut Visitor Centre Car Park Neil and Christine Kitchener	Ascent 85m (280ft) Grid Ref NS 247 721

OCTOBER / NOVEMBER 2016

Saturday 29th October 2016

Grade B	Auchineden Forest and the John Muir Way	
	Circular walk mostly on good tracks via Auchineden Hill	
O.S. 64	Distance 12.8km (8 miles)	Ascent 400m (1,312ft)
Walk starts at	Edenmill Farm Shop Car Park	Grid Ref NS 512 795
Leader	Hilary Sneddon	
Grade C+	Auchineden Forest and the John Muir Way	
	Circular walk mostly on good tracks	
O.S. 64	Distance 9.6km (6 miles)	Ascent 100m (325ft)
Walk starts at	Edenmill Farm Shop Car Park	Grid Ref NS 512 795
Leader	Ann Martin	

NOVEMBER 2016

Wednesday 2nd November 2016

Grade C+	Blane Meander	
	Circular walk taking in part of John Muir Way and WHW. Mostly on paths with a few muddy areas	
O.S. 64	Distance 12.8km (8 miles)	Ascent 132m (435ft)
Walk starts at	Church Car Park, Dene Road, Blane	Grid Ref NS 555 796
Leaders	Ann Martin and Kathleen Brolly	

Saturday 5th November 2016

Grade B+	Ben Venue from Ledard Farm	
	Paths and tracks, muddy in places and boggy higher up. On Ben Venue itself the going is rough and rocky	
O.S. 57	Distance 11.5km (7.25 miles)	Ascent 812m (2,664ft)
Walk starts at	Lay-by on road alongside Loch Ard opposite Ledard Farm	Grid Ref NN 459 022
Leaders	Ann and Robert Bain	
Grade C	The Shores of Loch Katrine	
	Water Board paths and hill tracks	
O.S. 57	Distance 10.5km (6.5 miles)	Ascent Negligible
Walk starts at	Stronachlachar Pier	Grid Ref NN 440 084
Leader	Liz Paterson	

NOVEMBER 2016

Wednesday 9th November 2016

SCHOLARS' RESTAURANT LUNCH

Restaurant is moving to new building – address not available at present

12 noon for 12.15pm

3 course lunch with coffee

Date and cost to be confirmed and numbers may be limited

To book, contact Christine Pacione or Ann Martin by 9th September

Saturday 12th November 2016

Grade B	Cashel	
O.S. 56	Distance 13km (8 miles)	Ascent 310m (1,022ft)
Walk starts at	Milarrochy Bay Car Park	Grid Ref NS 407 926
Leaders	Maggie Nutley and Kathleen Brolly	

Grade C+	Lochan Spling	
	Mostly good paths with a little road walking at the end	
O.S. 57	Distance 10.8km (7 miles)	Ascent 100m (325ft)
Walk starts at	Aberfoyle Woollen Mill	Grid Ref NN 522 009
Leader	Bob Cloggie	

Thursday 17th November 2016

**STRATHKELVIN RAMBLERS
24th ANNUAL GENERAL MEETING**

Invitation to all members to attend the Annual General Meeting
to be held in the Park Centre
Kerr Street, Kirkintilloch G66 1LF

Tea, coffee, home baking

Start time 6.45pm for 7pm

NOVEMBER 2016

Saturday 19th November 2016

Grade B O.S. 57 Walk starts at Leader	Dumyat and round Jerah Steep ascent at start on intermittent path up side of burn. Steep descent from Dumyat on hill path then on to an undulating track Distance 19km (12 miles) Blairlogie Car Park Pauline Anderson	Ascent 418m (1,365ft) Grid Ref NS 831 969
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Grade C+ O.S. 64 Walk starts at Leaders	Castle Hill, Bar Hill and Croy Hill Circular walk mostly on good paths with a few muddy areas Distance 12.8km (8 miles) Auchinstarry Quarry, Kilsyth Ann Martin and Joan Darling	Ascent 175m (560ft) Grid Ref NS 719 771
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Saturday 26th November 2016

Grade B O.S. 64 Walk starts at Leaders	Slackdhu Follow pipeline as far as Cantywheery Cottage before ascent on to ridge. Continue SE before descending back on to pipeline near Campsie Dean House Distance 10.4km (6.5 miles) St. Kessog's Church Car Park, Blane field Archie and Evelyn Leishman	Ascent 415m (1,362ft) Grid Ref NS 555 796
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Grade C+ O.S. 64 Walk starts at Leaders	Blane field to Glengoyne returning WHW Option to do a longer route to Killearn covering 16km (10 miles) Distance 12km (7.2 miles) St. Kessog's Church Car Park, Blane field Ann Martin and Christine Pacione	Ascent 100m (325ft) Grid Ref NS 555 796
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DECEMBER 2016

Saturday 3rd December 2016

Grade **B(easy)** **Isle of Cumbrae Circular**
All on tarmac road, on grass verges at times, going clockwise round island

O.S. 63 Distance **16.4km** (10.25 miles) Ascent **Negligible**
Walk starts at **Ferry Terminal on Cumbrae** Grid Ref **NS 184 586**
Leader **Alan Connor**
Cars to Largs then ferry. Petrol £7.50, parking £1, ferry £3.20 return
*****Cars leaving Southbank Business Park at 8.30am*****

Grade **C** **Hogganfield Loch and Beyond**

O.S. 64 Distance **11km** (7 miles) Ascent **Negligible**
Walk starts at **Hogganfield Loch Car Park** Grid Ref **NS 638 672**
Leader **Barbara Martin**

Wednesday 7th December 2016

CHRISTMAS PANTO plus a WALK

Oran Mor – A Panto, a Pie and a Pint
Byres Road, Glasgow G12 8QX
Meet at 10.45am for doors opening at 11am and show starting at 12 noon
Cost is approximately £14

To book for Oran Mor, contact Anne Clark by Saturday 15th October
If deadline missed, Anne will help out where possible or
tickets may be available from Oran Mor (website www.oran-mor.co.uk)
Very few tickets are available at the door

Anne is also organising a walk in Glasgow which will include
West End, Botanic Gardens, Kelvin Walkway and Kelvingrove
(Distance of 4 miles taking approximately 2 hours)
If only going on walk, meet outside Oran Mor at 1pm

DECEMBER 2016

Saturday 10th December 2016

CHRISTMAS LUNCH

At Milton of Campsie Bowling Club, Kincaid Field, Milton of Campsie G66 8ER
1pm for 1.30pm finishing at 4.30pm

Cost for 3 courses, small mince pie and tea or coffee is £13

Cheque for £13 made payable to 'Strathkelvin Ramblers' to
Charlie Hasson, 3 Balmoral Gardens, Bellsquarry, Livingston EH54 9EX
by **Saturday 26th November**, at the very latest

To book, contact Ann Martin or Christine Pacione

Saturday 17th December 2016

Grade B	Castle Campbell Circuit	
O.S. 58	Distance 10.3km (6.4 miles)	Ascent 760m (2,493ft)
Walk starts at	Hillfoots Car Park near Dollar Museum	Grid Ref NS 965 985
Leader	David Ford	

Grade C	No Walk Submitted for this Date
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Wednesday 28th December 2016

Grade B	Torrance Festive Circular	
	A variation on an old favourite with a stop in Torrance for mulled wine and muffins then heading for Langshot Wood. There will be an option for a shorter return to Kirkintilloch saving 4km (2.5 miles)	
O.S. 64	Distance 17km (10.5 miles)	Ascent 172m (565ft)
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leader	Archie Leishman	

JANUARY 2017

Wednesday 4 th January 2017			
Grade C+	Birdston Circle		
O.S. 64	Distance 11.3km (7 miles)	Ascent 100m (325ft)	
Walk starts at	Lidl Car Park	Grid Ref NS 655 744	
Leaders	Kathleen Brolly and Joan Darling		
Saturday 7 th January 2017			
Grade B(easy)	Gleann Dubh Circular, Kinlochard		
	Mainly defined Land Rover tracks		
O.S. 57	Distance 16km (10 miles)	Ascent 210m (689ft)	
Walk starts at	Kinlochard Parking Area	Grid Ref NN 447 020	
Leader	Alan Thomson		
Grade C	Tintock Waterside Circular		
O.S. 64	Distance 11.2km (7 miles)	Ascent Negligible	
Walk starts at	Southbank Business Park	Grid Ref NS 654 734	
Leader	Margaret Gibb		
Saturday 14 th January 2017			
Grade B	Craigengowar and Hunterblair's Walk		
	Paths, Land Rover tracks and minor roads. Steep at the start		
O.S. 77	Distance 11.2km (7 miles)	Ascent 262m (860ft)	
Walk starts at	Straiton, B7045, lay-by opposite cemetery	Grid Ref NS 383 046	
Leaders	Ailsa Maclellan and Alan Gemmell		
Grade C	Mugdock Loch and Reservoirs		
O.S. 64	Distance 12km (7.5 miles)	Ascent Negligible	
Walk starts at	Mugdock Visitor Centre	Grid Ref NS 546 780	
Leader	Anne Clark		

JANUARY 2017

Saturday 21st January 2017

**NORTH STRATHCLYDE AREA AGM
and MEMBERS' WALK**

The AGM of North Strathclyde Area of the Ramblers' Association
will be held at 10am for 10.30am in the small hall,
Helensburgh Parish Church, Colquhoun Square, Helensburgh G84 8UP

The location is less than 300 yards along Princes Street from the railway station
Buses to Helensburgh stop across from the station

There is a pay and display car park within 100 yards and free car parking
about 600 yards away at the Pier car park

As Strathkelvin Group forms part of North Strathclyde Area,
all Group members are entitled to attend

The Notice and Agenda for the meeting will be sent to all members in December

It is hoped to follow the meeting with a members' walk "Helensburgh Scenic Circular"
distance 9km (5.5 miles) and ascent 100m (325ft)

Saturday 21st January 2017

Grade B	Frandy Burn Circuit, Glen Devon	
O.S. 58	Distance 14.3km (8.9 miles)	Ascent 522m (1,713ft)
Walk starts at	Lay-by at Whitens A823	Grid Ref NN 971 053
Leader	David Ford	

Grade C+	My Pollok Estate in Ever Decreasing Circles	
O.S. 64	Distance 12km (7.5 miles)	Ascent Negligible
Walk starts at	Pollok Park	Grid Ref NS 547 618
Leader	Maggie Nutley	

Wednesday 25th January 2017

**CELTIC CONNECTIONS
DANNY KYLE OPEN MIKE SESSION**

Glasgow Royal Concert Hall 5pm to 7pm
Meet in foyer by 4.30pm and be prepared to stand until entry between 4.45pm and 5pm
Possible light meal afterwards if desired

To book, contact Moira Lang by 18th January

JANUARY 2017

Thursday 26th January 2017

PROGRAMME MEETING

LENZIE PUBLIC HALL
Lower Hall at 6.50pm for 7pm start

Walks are required for our next programme - now is the chance for those who have yet to lead
a walk to team up with someone and plan a walk

If you need help with the recce, speak to a committee member or one of the regular leaders

Suggestions are also needed for social events

If possible, please send or phone details of your walks and/or social events in advance
and be as flexible as possible with dates

This allows some preparation to be done prior to the Programme Meeting

The Walk Form template can be found on page 19 or can be downloaded from the website

Please make an effort to come along to the meeting as it is vital to try and fill our programme
It is also an opportunity to exchange ideas and get a preview of the next programme of walks

Tea, coffee and home baking will be provided

This meeting is for ALL active walk members, not just for leaders

If possible, please email details of walks and social events to
programme@strathkelvinramblers.org.uk

or, alternatively, pass details to **Ann Martin (Walks), Hazel Macfarlane (Social Events)**
or any other member of the Programme Sub-Committee
by Saturday 14th January

Saturday 28th January 2017

Grade B	Carman Reservoir and Hill Fort	
	Varied walk on paths, tracks, open hillside and moorland with views over the Vale of Leven	
O.S. 56,63,64	Distance 15.4km (9.6 miles)	Ascent 290m (951ft)
Walk starts at	Car Park opposite Balloch Station	Grid Ref NS 387 824
Leaders	Archie and Evelyn Leishman	
Grade C+	Kilmahew Castle Walk	
	Mostly on good tracks with some road walking	
O.S. 63	Distance 12km (7.5 miles)	Ascent 320m (1,050ft)
Walk starts at	Car Park at Renton Bowling Club, Carman Road	Grid Ref NS 388 781
Leaders	Neil and Christine Kitchener	

FEBRUARY 2017

Wednesday 1st February 2017

Grade C+	Twechar Circle From Twechar Leisure Centre, on to canal towpath towards Auchinstarry, short climb up towards path to Croy, then right across road, west towards Bar Hill but going left and finishing by descending the Five Fingers path back into Twechar
O.S. 64	Distance 11km (7 miles) Ascent 100m (325ft)
Walk starts at Leaders	Twechar Healthy Living Centre Ann Martin and Ann Langley Grid Ref NS 699 753

Friday 3rd February 2017

SCOTTISH EVENING

At Milton of Campsie Village Hall, Campsie Road, Milton of Campsie G66 1RN
Cost for evening, including Haggis, Neeps and Tatties Buffet, £7
Please BYOB

Programme

7.30 Folk music with focus on Burns
8.00 Ceilidh Dancing with instrumental/song breaks
9.15 Haggis, Neeps and Tatties Buffet
9.45 Ceilidh Dancing with instrumental/song breaks
10.45 Auld Lang Syne

To book, contact Sheila Meiklejohn by 5th January

Saturday 4th February 2017

Grade B	Gogo Glen Walk Outbound on forest paths and rough moorland, stepping stone crossing of burn and return along gravel track. Steep steps up to viewpoint
O.S. 63	Distance 12km (7.5 miles) Ascent 600m (1,950ft)
Walk starts at Leaders	Bellesdale Avenue Car Park, Largs Neil and Christine Kitchener Grid Ref NS 213 593
Grade C+	Moodiesburn Circular Moodiesburn, Stoneyetts and Luggie Park on tarmac paths and minor roads
O.S. 64	Distance 12.8km (8 miles) Ascent 100m (325ft)
Walk starts at Leaders	Southbank Business Park Hazel Macfarlane and Margaret Wilson Grid Ref NS 654 734

FEBRUARY 2017

Saturday 11th February 2017

Grade B(easy)	Dungoil		
	Mainly track and path. Extendable to Holehead if conditions permit adding up to 5km (3 miles) to distance		
O.S. 57	Distance 9.3km (5.7 miles)	Ascent 327m (1,090ft)	
Walk starts at	Lay-by on Crow Road	Grid Ref NS 643 847	
Leader	Bob Cole		
Grade C+	Bannockburn and Middlethird Wood		
	Tarmac minor roads, paths and tracks. Can be muddy at times		
O.S. 57	Distance 13km (8 miles)	Ascent 100m (325ft)	
Walk starts at	Bannockburn Heritage Centre Car Park	Grid Ref NS 797 905	
Leader	Maggie Nutley		

Thursday 16th February 2017

VISIT TO HUNTERIAN MUSEUM

University of Glasgow, University Avenue, Glasgow G12 8QQ

Meet at Buchanan Bus Station at 11.30am
and walk to the university in time for lunch

The tour will start at 1.30pm and will be related to the Antonine Wall
The tour is free and numbers are limited to 20
Return walk to Buchanan Bus Station

To book, contact Barbara Martin by 2nd February

Saturday 18th February 2017

Grade B	Gualann		
O.S. 57	Distance 12.9km (8 miles)	Ascent 462m (1,515ft)	
Walk starts at	Drymen Road Cottage Car Park	Grid Ref NS 506 936	
Leader	Frank Duffy		
Grade C+	Lime Hill		
	Circular walk mainly on good paths with some road walking at end		
O.S. 57	Distance 12.8km (8 miles)	Ascent 100m (325ft)	
Walk starts at	Drymen Road Cottage Car Park	Grid Ref NS 506 936	
Leaders	Ann Martin and Christine Duffy		

FEBRUARY / MARCH 2017

Saturday 25th February 2017

Grade B	Loch Venachar Circuit	
	Minor roads, tracks and cycle paths	
O.S. 57	Distance 19km (12 miles)	Ascent 315m (1,035ft)
Walk starts at	Loch Venachar, Brig O' Turk Car Park	Grid Ref NN 546 065
Leader	Matt Millar	
Grade C+	Carron Valley	
O.S. 57 & 64	Distance 12.8km (8 miles)	Ascent 150m (500ft)
Walk starts at	West end of reservoir near Todholes	Grid Ref NS 672 858
Leader	Christine Duffy	

MARCH 2017

Wednesday 1st March 2017

Grade C+	Torrance/Balmore Circular	
O.S. 64	Distance 12.8km (8 miles)	Ascent Negligible
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leaders	Ann Martin and Christine Pacione	

Saturday 4th March 2017

Grade B	Dumyat - Ochil Hills	
	Land Rover track and mainly open hillside with a boggy section. Gaiters required	
O.S. 57	Distance 19km (12 miles)	Ascent 418m (1,365ft)
Walk starts at	Blairlogie Car Park	Grid Ref NS 831 969
Leaders	Eric Meechan and Alan Thomson	
Grade C+	Blackness Castle to Hopetoun House Circular	
O.S. 65	Distance 12km (7.5 miles)	Ascent 100m (325ft)
Walk starts at	Blackness	Grid Ref NT 052 799
Leader	Anne Clark	

MARCH 2017

Wednesday 8th March 2017

LUNCH AT KATIE'S KITCHEN PLUS A WALK

Lunch at Katie's Kitchen
Hayston Golf Club, Campsie Road, Kirkintilloch G66 1RN

Meet at Lidl Car Park at 11am for walk
Lunch at 12 noon – varied and inexpensive menu

To book, contact Ann Martin or Ann Langley by 15th February

Saturday 11th March 2017

Grade B	Carleatheran from Todholes Mainly on tracks and across grouse moor with some boggy sections, returning to start point via wind farm	
O.S. 57	Distance 16.4km (10.2 miles)	Ascent 414m (1,358ft)
Walk starts at	Todholes Car Park	Grid Ref NS 672 858
Leaders	Archie and Evelyn Leishman	
Grade C	Darvel Byways Country lanes and pavements	
O.S. 64	Distance 12km (7.5 miles)	Ascent 140m (459ft)
Walk starts at	Hastings Square, Darvel	Grid Ref NS 563 374
Leader	Liz Paterson	

Saturday 18th March 2017

Grade B	Binnean nan Gobhar Mix of Royal Scottish Forestry Society Cashel Native Forest Centre formal walks and open hillside	
O.S. 56	Distance 10.7km (6.6 miles)	Ascent 780m (2,535ft)
Walk starts at	Cashel Farm Car Park	Grid Ref NS 400 940
Leader	Bob Cole	
Grade C+	Dunblane to Sheriffmuir Paths are uneven and may be muddy	
O.S. 57	Distance 12km (7.5 miles)	Ascent 260m (850ft)
Walk starts at	Dunblane Cathedral, near Haining Car Park	Grid Ref NN 781 012
Leader	Barbara Martin	

MARCH 2017

Saturday 25th March 2017

Grade B	Craighorn - Ochil Hills Open hillside with sections of narrow track which may be slippery in adverse weather and a steep descent. Walking poles and gaiters advised	
O.S. 58	Distance 10km (6.25 miles)	Ascent 583m (1,895ft)
Walk starts at	Alva Glen Car Park	Grid Ref NS 885 974
Leader	Alan Thomson	
Grade C+	Bowertrapping Woods and Blair Castle Bridle paths, tracks and quiet roads. Open fields and woods. Castle gardens and view over to Arran	
O.S. 63	Distance 12.9km (8 miles)	Ascent 215m (705ft)
Walk starts at	The Loanings Lay-by, past gate to Blair Estate, SE of Dalry	Grid Ref NS 309 491
Leader	John Hinton	

Strathkelvin Ramblers Weekend Autumn 2017

Advance Notice of provisional arrangements - to be confirmed

Likely dates are Friday 8th September to Monday 11th September

Location in Borders area, probably Melrose

Walks of levels A, B and C will be offered

More details will be available at the Christmas Lunch and in Programme 52

Weekend organisers are Ann Martin , Hilary Sneddon and Bob Cole

Notes for Leaders

(There are also guidelines on Page 2)

1. A brief description of the walk is required.
2. The ascent should be the cumulative height climbed on the walk, not the height of the hill.
3. If part of the walk is along a busy road, it is advisable for the leader to wear a Hi-Vis vest and the back marker to wear a Hi-Vis vest/rucksack cover.
4. If a walk crosses farmland where there are likely to be sheep, leaders must avoid scheduling the walk during the lambing season.
5. If a walk crosses hills or moorland where shooting may take place, leaders must check if any grouse shooting, deer stalking etc. is scheduled.
6. Leaders should check if any events are scheduled in the area which might conflict with the walk.
7. If the walk details change, send an email with the updated information to the Webmaster (webmaster@strathkelvinramblers.org.uk) which can be forwarded to walkers.
8. Leaders must provide detailed directions to start point of walk. Details should include, where possible, a Latitude/Longitude position for use in car SatNav systems, such as may be found in WalkHighland routes. A useful OS:Latitude/Longitude converter may be found in www.streetmap.co.uk.

WALK FORM

Information required from Walk Leaders		
Dates available		
Dates unavailable		
Grade		
Walk Title		
Walk Description (an indication of terrain,hazards (eg. burn crossings) and steepness of ascents/descents)		
OS Map No(s)		
Distance	km	miles
Cumulative Ascent	m	feet
Walk starts at		
Grid Reference (of start point)		
Transport Details		
Name of Leader(s)		
Contact Details		

A copy of this form can be downloaded, in either PDF or WORD format, from the Downloads page of the website. If you have the appropriate software, the form can be completed electronically and emailed to programme@strathkelvinramblers.org.uk. Paper copies can be obtained from a member of the Programme Sub-committee.

QUICK REFERENCE LIST

OCTOBER 2016					
Sat	1 st	8.30am	B	Douglas Circular	Ella Corbett, Anne Wilkie
	1 st		C+	Up 'n' Doune	Ann Martin, Ann Langley
Wed	5 th		C+	Beecraigs Meander	Ann Martin, Joan Darling
Sat	8 th		B	Beinn Uird	Bob Cole
	8 th		C+	Killearn via the Wooded Glen and WHW	Rena Scott
Thu	13 th	10am		<i>Maryhill Burgh Halls</i>	<i>Hazel Macfarlane</i>
Sat	15 th		B	South Black Hill Circular	Aileen McLay
	15 th		C+	Colzium, Banton Loch and Auchinstarry Circular	Margaret Wilson, Hazel Macfarlane
Sat	22 nd		B	Round Narnain	Ann and Robert Bain
	22 nd		C+	Greenock Levada Walk (Greenock Cut)	Neil and Christine Kitchener
Sat	29 th		B	Auchineden Forest and John Muir Way	Hilary Sneddon
	29 th		C+	Auchineden Forest and John Muir Way	Ann Martin
NOVEMBER 2016					
Wed	2 nd		C+	Blane field Meander	Ann Martin, Kathleen Brolly
Sat	5 th		B+	Ben Venue from Ledard Farm	Ann and Robert Bain
	5 th		C	The Shores of Loch Katrine	Liz Paterson
Wed	9 th	12noon	tbc	<i>Scholars' Restaurant Lunch</i>	<i>Christine Pacione, Ann Martin</i>
Sat	12 th		B	Cashel	Maggie Nutley, Kathleen Brolly
	12 th		C+	Lochan Spling	Bob Cloggie
Thu	17 th	6.45pm		24th Strathkelvin Ramblers AGM	
Sat	19 th		B	Dumyat and round Jerah	Pauline Anderson
	19 th		C+	Castle Hill, Bar Hill and Croy Hill	Ann Martin, Joan Darling
Sat	26 th		B	Slackdhu	Archie and Evelyn Leishman
	26 th		C+	Blane field to Glengoyne returning WHW	Ann Martin, Christine Pacione
DECEMBER 2016					
Sat	3 rd	8.30am	B(easy)	Isle of Cumbrae Circular	Alan Connor
	3 rd		C	Hogganfield Loch and Beyond	Barbara Martin
Wed	7 th	10.45am		<i>Oran Mor Panto plus a West End Walk</i>	<i>Anne Clark</i>
Sat	10 th	1pm		Christmas Lunch	Ann Martin, Christine Pacione
Sat	17 th		B	Castle Campbell Circuit	David Ford
	17 th		C	No walk submitted	
Wed	28 th		B and C	Torrance Festive Circular	Archie Leishman

tbc – to be confirmed

QUICK REFERENCE LIST

JANUARY 2017					
Wed	4 th		C+	Birdston Circle	Kathleen Brolly, Joan Darling
Sat	7 th		B(easy)	Gleann Dubh Circular, Kinlochard	Alan Thomson
	7 th		C	Tintock Waterside Circular	Margaret Gibb
Sat	14 th		B	Craigengowar and Hunterblair's Walk	Ailsa Maclellan, Alan Gemmell
	14 th		C	Mugdock Loch and Reservoirs	Anne Clark
Sat	21st	10am		North Strathclyde Area AGM	
Sat	21 st		B	Frandy Burn Circuit, Glen Devon	David Ford
	21 st		C+	My Pollok Estate in Ever Decreasing Circles	Maggie Nutley
Wed	25 th	4.30pm		<i>Celtic Connections – Danny Kyle</i>	<i>Moirra Lang</i>
Thu	26th	6.50pm		Programme Meeting	
Sat	28 th		B	Carman Reservoir and Hill Fort	Archie and Evelyn Leishman
	28 th		C+	Kilmaheew Castle Walk	Neil and Christine Kitchener
FEBRUARY 2017					
Wed	1 st		C+	Twechar Circle	Ann Martin, Ann Langley
Fri	3 rd	7.30pm		<i>Scottish Evening</i>	<i>Sheila Meiklejohn</i>
Sat	4 th		B	Gogo Glen Walk	Neil and Christine Kitchener
	4 th		C+	Moodiesburn Circular	Hazel Macfarlane, Margaret Wilson
Sat	11 th		B(easy)	Dungoil	Bob Cole
	11 th		C+	Bannockburn and Middlethird Wood	Maggie Nutley
Thu	16 th	11.30am		<i>Visit to Hunterian Museum</i>	<i>Barbara Martin</i>
Sat	18 th		B	Gualann	Frank Duffy
	18 th		C+	Lime Hill	Ann Martin, Christine Duffy
Sat	25 th		B	Loch Venachar Circuit	Matt Millar
	25 th		C+	Carron Valley	Christine Duffy
MARCH 2017					
Wed	1 st		C+	Torrance/Balmore Circular	Ann Martin, Christine Pacione
Sat	4 th		B	Dumyat - Ochil Hills	Eric Meechan, Alan Thomson
	4 th		C+	Blackness Castle to Hopetoun House Circular	Anne Clark
Wed	8 th	11am		<i>Lunch at Katie's Kitchen plus Walk</i>	<i>Ann Martin, Ann Langley</i>
Sat	11 th		B	Carleatheran from Todholes	Archie and Evelyn Leishman
	11 th		C	Darvel Byways	Liz Paterson
Sat	18 th		B	Binnean nan Gobhar	Bob Cole
	18 th		C+	Dunblane to Sheriffmuir	Barbara Martin
Sat	25 th		B	Craighorn - Ochil Hills	Alan Thomson
	25 th		C+	Bowertrapping Woods and Blair Castle	John Hinton

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com