



. Photograph of 'Hair Ice' near Rosebank in Lanarkshire.
Taken by Barbara Martin in December 2017

STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme 54

APRIL – SEPTEMBER 2018

Contacts List

	Leader(s)	Telephone No	Mobile
	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Mary Brown	0141 578 3749	
	Freda Bunyan	0141 779 1815	07904 877 249
	Anne Clark	0141 563 3907	07722 827 887
	Bob Cloggie	0141 775 0914	07970 213 373
*	Bob Cole	0141 578 3533	07481 929 520
	Alan Connor	0141 776 1549	
	Ella Corbett	0141 779 2595	
	Joan Darling	01360 311 922	07712 316 333
	Frank and Christine Duffy	0141 776 1638	
	David Ford	0141 578 6748	07938 884 883
	Margaret Gibb	0141 776 6160	
	John and Elke Hinton	01360 311 944	
	Parmjit Kaur	0141 563 4475	07595 330 213
	Christine Kitchener	01360 312 347	07795 648 250
*	Neil Kitchener	01360 312 347	07802 320 958
	Moirra Lang	0141 776 4161	07857 509 438
	Ann Langley	01360 310 807	
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
*	Hazel Macfarlane	0141 578 1611	07842 554 134
	David Mackenzie	0141 762 3412	07443 932 253
	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
	Aileen McLay	0141 775 1339	07762 386 507
	Eric Meechan		07932 508 861
	Sheila Meiklejohn	0141 578 3093	
	Matt Millar	01236 728 970	07563 708 120
*	Maggie Nutley		07853 000 248
*	Liz Paterson		07490 285 426
	Frances Price		07772 998 906
	Alan Thomson	0141 776 4755	07860 497 905
	Cathie Urquhart		07895 750546
	Iain Walker		07788 944 385
	Anne Wilkie	0141 776 3145	07956 537 408
	Margaret Wilson	0141 776 3801	07977 534 442

(* denotes Programme Sub-committee member)

Meeting Points for Cars and Buses

Saturday - Southbank Business Park Visitor Parking, G66 1XQ.

Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.

Due to parking restrictions at Lidl store, the walk leader must hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

Cost of Travel

Cars - A contribution of 10p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £10. The leader will advise members of cost on the day.

Buses – Cost **£12**

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged.

Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled. Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

Important Dates to Remember

19 Mar	Contact Bob Cole by this date if attending Indoor Bowling on 3 rd April
20 Apr	Contact Parmjit Kaur by this date if attending visit to Gurdwara on 30 th April
1 May	Contact Hazel Macfarlane by this date if attending tour of Citizens Theatre on 3 rd June
4 May	Scottish Ramblers Gathering at Perth
9 May	Contact Robert Bain by this date if going on bus to Moffat on 19 th May
12 May	Contact Alan Connor by this date if attending Indian Meal on 22 nd May
31 May	Contact Bob Cole by this date if planning to attend Ballachulish Weekend
13 Jun	Contact Robert Bain by this date if going on bus to Bridge of Orchy on 23 rd June
16 Jun	Walk details and social events for Winter Programme by this date, if possible
28 Jun	Programme Meeting in Miners Welfare and Social Club at 7.00pm All members welcome – meeting is not just for leaders
23 Jul	Contact Neil Kitchener by this date if attending Kirkintilloch Treasure Hunt on 25 th July
25 Jul	Contact Freda Bunyan by this date if attending tour of Emirates Arena and the Sir Chris Hoy Velodrome on 8 th August
8 Aug	Contact Robert Bain by this date if going on bus to Callander on 18 th August
1 Sep	Contact Barbara Martin by this date if attending visit to Glasgow Museums Resource Centre on 14 th September
21 Sep	Ballachulish Walking Weekend

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the leader or back marker at all times
- Must not leave a walk without informing the leader or back marker
- Must inform the walk leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at ALL times. Dogs are not allowed on any of our walks
- Walkers intending to meet the group at the walk start must check in advance with the walk leader as the walk may have changed.

GUIDELINES FOR LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a back marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk (including car SatNav reference where possible)
- Should check if any events are scheduled to take place which may conflict with the walk
- Should check for lambing season, grouse shooting, deer stalking etc. in area of walk.

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

A Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents

B+ Moderate to strenuous

B Moderate - hills and moorland paths

C+ Mainly level but could have inclines - less than 17 km (10.5 miles)

C Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please consult the leader by telephone before 9.00pm on a day prior to the walk.

RAMBLERS SCOTLAND

STRATHKELVIN GROUP

PROGRAMME No 54 (April – September 2018)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	James Lawson	0141 775 2845
Treasurer	Robert Bain	07802 452 693
Secretary	Ann Martin	01360 310 070
Programme Co-ordinator	Neil Kitchener	01360 312 347
Membership Secretary	Bob Cole	0141 578 3533
Webmaster	Archie Leishman	01360 620 346
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Barbara Martin	0141 779 3796
Footpaths Officer	James Lawson	0141 775 2845
Independent Member	Mary Brown	0141 578 3749

Strathkelvin Ramblers Website

You are encouraged to check our website www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme. You can also register your email address with the membership secretary at membership@strathkelvinramblers.org.uk to be kept up-to-date with the latest news from the group.

The Ramblers' Association

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to www.ramblers.org.uk/membershipenquiries.

Non-Members are welcome to join us on two walks before joining the Ramblers. Application forms are available from the Membership Secretary or you can apply online. Joining the Ramblers gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

NOTICES

SHORT THURSDAY WALKS

Each Thursday, Jim Lawson leads a short walk of approximately 3 miles starting at 10am

Walks are local, within a 10 mile radius of Kirkintilloch

Walk start point is also the meet up point

Linear walks use a local bus for the return leg (bring your bus pass if you have one)

After the walk, coffee and a chance to chat in a venue near starting point of walk

If interested, please phone Jim Lawson on 0141 775 2845 with your email address

Details will then be sent to you weekly

SCOTTISH RAMBLERS GATHERING

Friday 4th May to Monday 7th May 2018

Exploring the varied countryside of east Perthshire, Tayside and north Fife

Based in Perth

For more information, go to www.ramblers.org.uk/scotland

STRATHKELVIN RAMBLERS WALKING WEEKEND - AUTUMN 2018

Friday 21st to Monday 24th September 2018

Located in Ballachulish staying at Isles of Glencoe Hotel, PH49 4HL

Dinner, Bed and Breakfast for 3 nights with up to 4 levels of walks
including B with easy pace uphill

Double/twin room rate is £70 per person per night

with up to 5% discount depending on numbers.

Single occupation of double room premium of £25 per night

Booking requests to Bob Cole by 31st May

Deposit of £25 to Treasurer Robert Bain

Contact Robert for payment options

APRIL 2018

Tuesday 3rd April 2018

INDOOR BOWLING
FINTRY SPORTS CENTRE
G63 0YA

No experience required, equipment supplied
This is NOT 10 pin bowling, far more gentle
Comfortable walking clothes ideal
Play on carpet in centrally heated indoor bowling hall

Bowling from 4-6pm followed by High Tea

Cost is £6 for Bowling and £11 for High Tea

Please feel free to attend either Bowling or High Tea - both recommended!

To book contact Bob Cole by Monday 19th March

Wednesday 4th April 2018

Grade C+	Loch Ard Circular	
	Circular walk and mostly on forest paths	
O.S. 57	Distance 11km	Ascent 100m
Walk starts at	Milton Car Park, near Aberfoyle	Grid Ref NN 501 013
Leader	Ann Martin	

Saturday 7th April 2018

Grade B+	Pentland Circular - Harbour, Capelaw, Falla Knowe and Castlelaw Hills	
	Hill paths and tracks	
O.S. 66	Distance 14.5km	Ascent 607m
Walk starts at	Harlaw Car Park	Grid Ref NT 181 655
Leaders	Parmjit Kaur and Maggie Nutley	
Grade C+	Round East Lomond Hill	
	Tracks and paths including steep descent down steps. Option to climb East Lomond Hill	
O.S. 58 & 59	Distance 9.5km	Ascent 195m
Walk starts at	Craigmead Car Park	Grid Ref NO 228 062
Leader	Alan Connor	

Saturday 14 th April 2018		
Grade B	Tilli Circular (and Mill Glen revisited) Walk along foothills, 2 steep climbs to reach the best views in the Ochils followed by lovely descent into sheltered glen. All good paths (and jolly good company)	
O.S. 58 Walk starts at Leader	Distance 12km Woodland Car Park, Alva Frank Duffy	Ascent 654m Grid Ref NS 898 975
Grade C	The Redmoss Plantations and Alloch Dam One small burn crossing. Paths and field tracks. Muddy on Redmoss core path. Some slight ascents to hillocks – height negligible	
O.S. 64 Walk starts at Leaders	Distance 10km Milton Cross Car Park John and Elke Hinton Bus X85 from Cowgate, Kirkintilloch at 8.52am Return bus at 05 and 35 minutes past the hour	Ascent 60m Grid Ref NS 652 767
Saturday 21 st April 2018		
Grade B+	Ben Cleuch Circuit Some scrambling involved but quite safe	
O.S. 58 Walk starts at Leader	Distance 10.2km Tillicoultry Mill Glen Car Park David Ford	Ascent 671m Grid Ref NS 914 974
Grade C+	Colzium, Banton Loch and Auchinstarry Circular Mainly paths, no stiles or burn crossings	
O.S. 64 Walk starts at Leaders	Distance 12km Colzium Car Park Sheila Meiklejohn and Margaret Wilson	Ascent Negligible Grid Ref NS 733 785
Saturday 28 th April 2018		
Grade B	Duncolm and Burncrooks Reservoir Mainly paths, some moorland and part of John Muir Way	
O.S. 64 Walk starts at Leader	Distance 19km Edenmill Farm Shop David Mackenzie	Ascent 401m Grid Ref NS 512 795
<i>Walk led at an easy pace</i>		
Grade B(easy)	The Knock of Crieff Good paths. Slower pace on ascent to viewpoint which has lovely views	
O.S. 58 Walk starts at Leaders	Distance 10.4km Glenturret Distillery, near Crieff Ann Martin and Joan Darling	Ascent 279m Grid Ref NN 852 234

APRIL / MAY 2018

Monday 30th April 2018

VISIT TO GURU GRANTH SAHIB GURDWARA

37 Albert Drive, Glasgow, G41 2PE

Members should meet Parmjit Kaur and the Gurdwara volunteer at 12.30pm in the car park

Before visiting the main hall on the top floor you will be required
to remove your shoes and socks and cover your head
Head coverings and a place to store your shoes and socks will be provided
You are welcome to bring your own head covering (hats not permitted)
Dress code is full length trousers or full length skirt
and an appropriate top that is not revealing

Langar Hall (free community kitchen) is on the ground floor

Alcohol and tobacco must not be brought inside the Gurdwara

Directions to get to the Gurdwara are available as follows:

<http://www.glasgowgurdwara.org/contact-us/>

To book contact Parmjit Kaur by 20th April

MAY 2018

Wednesday 2nd May 2018

Grade C	Local Walk	
	Good paths	
O.S. 64	Distance 12.5km	Ascent Negligible
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leader	Liz Paterson	

Friday 4th May to Monday 7th May 2018

SCOTTISH RAMBLERS GATHERING

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Based in Perth

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Saturday 5th May 2018

Grade B+ **Beinn Eich and Doune Hill**
 Minor road from Luss to Glenmolloch Farm, then ridge to Beinn Eich, on to Doune Hill, return via Glen Molloch

O.S. 56 Distance **18km** Ascent **880m**
 Walk starts at **Car Park 250m on minor farm road off A82, opposite Luss** Grid Ref **NS 357 931**

Leader **Bob Cole**

Grade C **Kirkintilloch to Clachan of Campsie**
 Flat walk with no burn crossings. Return by bus

O.S. 64 Distance **12km** Ascent **50m**
 Walk starts at **Southbank Business Park** Grid Ref **NS 654 734**
 Leaders **Margaret Wilson and Hazel Macfarlane**
 Seniors remember bus pass for return journey

Saturday 12th May 2018

Grade B **Coire Fhionn Lochan, Meall Briorach and Glen Catacol (Arran)**
 Initially on tracks and then onto open hillside, steep descents and section of rocky track on return.

O.S. 69 Distance **13km** Ascent **670m**
 Walk starts at **Mid Thundergay** Grid Ref **NR 879 467**
 Leaders **Alan Thomson and Eric Meechan**
 Cars, ferry and public bus on Arran. Seniors remember bus pass
 Approximate costs - Petrol and parking £8, Ferry fare £8 return
*****Cars leaving Southbank Business Park at 5.30am*****

Grade B(easy) **Coire Fhionn Lochan and Glen Catacol (Arran)**
 Tracks, paths and road. Glen path is bouldery

O.S. 69 Distance **12.5km** Ascent **400m**
 Walk starts at **Mid Thundergay** Grid Ref **NR 879 467**
 Leader **Alan Connor**
 Cars, ferry and public bus on Arran. Seniors remember bus pass
 Approximate costs - Petrol and parking £8, Ferry fare £8 return
*****Cars leaving Southbank Business Park at 5.30am*****

Grade C+ **Darvel Loudon Hill Circular**
 Grass and earth footpaths and some road walking

O.S. 64 Distance **11.25km** Ascent **254m**
 Walk starts at **Hastings Square, Darvel** Grid Ref **NS 563 374**
 Leader **Liz Paterson**

Saturday 19th May 2018



Moffat



- Grade A** **Hart Fell**
A fine horseshoe ridge walk taking in the Beef Tub, Hart Fell and returning via Arthur's Seat to Moffat on the Annandale Way
- O.S. 78** Distance **19.8km** Ascent **750m**
Walk starts at **Devil's Beef Tub** Grid Ref **NT 055 127**
Leader **Bob Cole**
- Grade B** **Devil's Beef Tub to Moffat, partly on Annandale Way**
A lovely linear walk with some points of interest and walking down into Moffat partly on Annandale Way
- O.S. 78** Distance **14.5km** Ascent **300m**
Walk starts at **Devil's Beef Tub** Grid Ref **NT 055 127**
Leader **Ann Martin**
- Grade C** **Walk 1. Archbank and Frenchland**
Field paths, pavements and minor road, could be a bit muddy
- O.S. 78** Distance **6km** Ascent **116m**
Walk starts at **Moffat High Street or Car Park before** Grid Ref **NT 084 049**
Leaders **Station**
 Anne Clark and Ann Langley
- Grade C** **Walk 2. Riverside Walk**
Paths and pavement
- O.S. 78** Distance **4.5km** Ascent **Negligible**
Walk starts at **Moffat High Street or Car Park before** Grid Ref **NT 084 049**
Leaders **Station**
 Anne Clark and Ann Langley

*****Bus leaving Southbank Business Park at 8am*****

Contact the Bus Convenor by 9th May to book your place

All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled

MAY 2018

Tuesday 22nd May 2018

INDIAN MEAL AT INDIAN COTTAGE

10 Kilsyth Road, Kirkintilloch, G66 1QD

6.45pm for 7pm

This will be a Buffet (self serve) Meal with a choice of several starters, mains and desserts

The cost will be £12.95, excluding tea, coffee and drinks

Bills to be settled by each person/table on the night

A la Carte also available

**To book contact Alan Connor at your earliest convenience
and at the latest by 12th May**

Saturday 26th May 2018

Grade B

Stob Coire Creagach (Binnean an Fhithleir)

A challenging Corbett, near the Rest-and-be-Thankful. This is a short hillwalk, although the ascent is steep and rocky in places. On a clear day, you can expect some great views from the ridge

O.S. 56

Distance **7km**

Ascent **845m**

Walk starts at
Leaders

Car Park at Butterbridge on the A83

Grid Ref **NN 234 095**

Archie and Evelyn Leishman

*****Cars leaving Southbank Business Park at 8.30am*****

Grade C

River Kelvin Bridges

Very good flat paths

O.S. 64

Distance **11km**

Ascent **Negligible**

Walk starts at
Leader

Science Centre, Maryhill Road

Grid Ref **NS 555 708**

David Mackenzie

Seniors remember bus pass

*****Meet at Winchers Statue in Buchanan Bus Station at 9.45am*****

JUNE 2018

Saturday 2nd June 2018

Grade B **Myreton Hill and the Third Inchna Burn**
Land rover tracks in the main with some open moorland
O.S. 58 Distance **13km** Ascent **412m**
Walk starts at **Scout Hall, Menstrie** Grid Ref **NS 848 971**
Leader **Matt Millar**

Grade C **Gartmorn Dam**
Circular walk mainly on good paths with a little road walking, could be muddy in parts
O.S. 58 Distance **11.2km** Ascent **100m**
Walk starts at **Moss Road Car Park, Tillicoultry** Grid Ref **NS 920 970**
Leader **Ann Martin**

Sunday 3rd June 2018

HISTORICAL BACK STAGE TOUR of CITIZENS THEATRE

119 Gorbals Street, Glasgow, G5 9DS

This will be a one hour tour
The cost is £11 which includes coffee and cake

Numbers limited to 15

Please meet at the Theatre at 12.45pm

To book contact Hazel Macfarlane by 1st May

Wednesday 6th June 2018

Grade C **Paisley Bridges and Buildings**
A walk around Paisley to take in the bridges and historic industrial and public buildings. Easy walking on pavement and footpaths
O.S. 64 Distance **10km** Ascent **100m**
Walk starts at **Car Park NW of Gilmour Street station** Grid Ref **NS 482 644**
Leaders **Cathie Urquhart and Christine Kitchener**

Saturday 9th June 2018

Walk led at an easy pace

Grade A The Cobbler
 An opportunity to climb this iconic mountain at an easy pace on good paths
O.S. 56 Distance 9.5km Ascent 890m
 Walk starts at **Succoth Car Park Grid Ref NN 294 049**
 Leader **Iain Walker**

Grade C+ The Shores of Loch Katrine
 Water Board road and hill tracks
O.S. 57 Distance 11.2km Ascent Negligible
 Walk starts at **Stronachlachar Pier Grid Ref NN 404 102**
 Leader **Liz Paterson**

Saturday 16th June 2018

Walk led at an easy pace

Grade B+ Loch Ordie and Deuchary Hill
 Circular walk with climb to summit of Deuchary Hill, becomes steeper towards summit. Forestry roads, paths and tracks
O.S. 52 Distance 18km Ascent 457m
 Walk starts at **Cally Car Park near Dunkeld Grid Ref NO 023 437**
 Leaders **Ann and Robert Bain**
*****Cars leaving Southbank Business Park at 8.30am*****

Grade C Glasgow Points of Interest
 Easy walking on pavement and paths. Route will pass various points of interest heading west of the city
O.S. 64 Distance 9.6km Ascent Negligible
 Walk starts at **Buchanan Bus Station Grid Ref NS 592 657**
 Leader **Barbara Martin**
 Seniors remember your bus pass
*****Meet at Buchanan Bus Station (at information desk) at 8.50am*****

Saturday 23rd June 2018



**Victoria Bridge
Bridge of Orchy**



Grade A

Stob a' Choire Odhar

Track then path up to top. Return by path to saddle then glen path and track back to Inveroran Hotel

O.S. 50

Walk starts at
Leader

Distance **16km**

Ascent **860m**

Car Park just S of Victoria Bridge
Bob Cole

Grid Ref **NN 271 421**

Grade B

Devil's Staircase

Bus to Kingshouse Hotel, walk along West Highland Way up Devil's Staircase out and back to Kingshouse Hotel then bus back to Inveroran Hotel

O.S. 41

Walk starts at
Leaders

Distance **14km**

Ascent **420m**

Kingshouse Hotel
Aileen McLay and Joan Darling

Grid Ref **NN 260 547**

Grade C+

WHW and Old Military Road

Walk follows the West Highland Way and old military road back to Inveroran Hotel

O.S. 41 & 50

Walk starts at
Leader

Distance **12km**

Ascent **180m**

White Corries
Christine Kitchener

Grid Ref **NN 267 525**

*****Bus leaving Southbank Business Park at 8am*****

Contact the Bus Convenor by 13th June to book your place

All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled

JUNE 2018

Thursday 28th June 2018

PROGRAMME MEETING

*****Kirkintilloch Miners Welfare and Social Club*****

Saramango Street, Kirkintilloch, G66 3AA

6.50pm for 7.00pm start

Lots of walks are required for our next programme. Suggestions are also needed for social events. If possible, please send or phone details of your walks and/or social events in advance and be as flexible as possible with dates. If you have a specific date in mind, could you also give alternative dates and/or dates that you can't manage. This allows some preparation to be done by the Programme Sub-Committee prior to the Programme Meeting

Please make an effort to come along to the meeting as it is vital to try and fill our programme. It is also an opportunity to exchange ideas and get a preview of the next programme of walks.

Tea and coffee will be provided

This meeting is for ALL active walk members, not just for leaders

If possible, email details of walks and social events to

programme@strathkelvinramblers.org.uk

or alternatively, pass details to

Evelyn Leishman (Walks),

Hazel Macfarlane (Social Events)

or any other member of the Programme Sub-Committee

by Saturday 16th June

A copy of the walk form can be downloaded, in either PDF or WORD format, from the Downloads page of the website. If you have the appropriate software, the form can be completed electronically and emailed to programme@strathkelvinramblers.org.uk

Paper copies can be obtained from any member of the Programme Sub-committee or use form on page 23

Saturday 30th June 2018

Grade A	Beinn Tulaichean and Cruach Ardrain		
	These 2 Munros are close neighbours of Ben More and Stob Binnein. This is a challenging walk on tracks, paths and open hillside. The walk duration is likely to be approximately 6 hours, depending on conditions		
O.S. 56 & 57	Distance 12.8km	Ascent 1,060m	
Walk starts at	Inverlochlarig Car Park, near Balquhiddier	Grid Ref NN 445 185	
Leaders	Archie and Evelyn Leishman		
	Cars leaving Southbank Business Park at 8am		
Grade B(easy)	Round Loch Thom and Gryfe Reservoir		
	Mainly quiet roads plus tracks and paths, one rough boggy section		
O.S. 63	Distance 15.2km	Ascent 200m	
Walk starts at	Cornalees Visitor Centre	Grid Ref NS 246 722	
Leader	Alan Connor		

JULY 2018

Wednesday 4 th July 2018			
Grade C+	Blanefield, Glengoyne, West Highland Way		
	Mostly good paths, could be muddy		
O.S. 64	Distance 12km	Ascent 100m	
Walk starts at	St Kessog's Church Car Park, Blanefield	Grid Ref NS 555 796	
Leader	Hazel Macfarlane		
Saturday 7 th July 2018			
Grade B	Duncolm		
	Mainly paths with some boggy areas		
O.S. 64	Distance 17.6km	Ascent 411m	
Walk starts at	Milton Inn Hotel	Grid Ref NS 423 743	
Leader	Joan Darling		
Grade C	Rumbling Bridge and Crook of Devon		
	Straightforward circular walk. The paths around Rumbling Bridge Gorge are uneven and could be slippery after rain although there are some steps		
O.S. 58	Distance 10.5km	Ascent 100m	
Walk starts at	Church Road, Crook of Devon	Grid Ref NT 033 000	
Leaders	Ann and Robert Bain		
Saturday 14 th July 2018			
Grade B	The Whangie and Burncrooks Reservoir		
	Paths, moorland and some boggy sections		
O.S. 64	Distance 12km	Ascent 380m	
Walk starts at	Queens View Car Park	Grid Ref NS 511 807	
Leaders	Moira Lang and Caroline Logan		
Grade C+	Glen Ogle - Killin Circular		
	A fine low-level walk on good paths		
O.S. 51	Distance 13km	Ascent Negligible	
Walk starts at	Glen Ogle Car Park	Grid Ref NN 558 285	
Leader	Frances Price		
	Cars leaving Southbank Business Park at 8.30am		

JULY 2018

Saturday 21st July 2018

Grade B	Callander Craggs and beyond	
	Steep climb to begin with and muddy in places Also some rough ground	
O.S. 57	Distance 12km	Ascent 306m
Walk starts at	Bracklinn Falls Car Park	Grid Ref NN 640 085
Leaders	Anne Wilkie and Ella Corbett	

Grade C	Inchcailloch	
	Inchcailloch is part of Loch Lomond National Nature Reserve. There are some steep steps at the starts and paths are a bit rocky	
O.S. 56	Distance 8km	Ascent 100m
Walk starts at	Balmaha Visitor Centre Car Park	Grid Ref NS 421 908
Leader	Mary Brown	
	Boat (Macfarlane and Son) from Balmaha boatyard to Inchcailloch Pier	
	Approximate cost – ferry fare £5 return	

Wednesday 25th July 2018

TREASURE HUNT

Explore the byways of Kirkintilloch and have some fun
discovering a few hidden gems and learning a bit about its history
Meet in Barleybank car park next to St Mary's Church on Cowgate between 6pm and 6.30pm
The trail should take less than 2 hours on foot and finish in The Kirky Puffer
for scoring and prize giving
Cost is £2 per person to cover prizes etc

**Arrange teams of two to four people and contact Neil Kitchener
to book a place for your team by Monday 23rd July**

Saturday 28th July 2018

Grade A	An Caisteal	
	Route up via Twistin Hill ridge. Return down in glen follows River Falloch back to Glen Falloch. Total walk duration estimate 7 hours	
O.S. 50	Distance 14.1km	Ascent 930m
Walk starts at	Layby on RHS of A8, 2km SW of Crianlarich	Grid Ref NN 369 239
Leader	Bob Cole	
	Cars leaving Southbank Business Park at 8am	

Walk led at an easy pace

Grade B	The Dumyats	
	Steady ascent at first, but mainly relatively level after that. Good tracks	
O.S. 57 & 58	Distance 11.5km	Ascent 400m
Walk starts at	Blairlogie Car Park	Grid Ref NS 832 969
Leader	Frank Duffy	

AUGUST 2018

Wednesday 1 st August 2018			
Grade C	Tintock Waterside Circular A short low-level local walk		
O.S. 64	Distance 6.5km	Ascent Negligible	
Walk starts at	Lidl Car Park	Grid Ref NS 655 744	
Leader	Margaret Gibb		
Saturday 4 th August 2018			
Grade B	Ben Venue Linear A linear walk from near Loch Achray to Loch Ard using forestry tracks and footpaths with possible muddy sections		
O.S. 57	Distance 15km	Ascent 725m	
Walk starts at	Picnic Area near bottom of Dukes Pass	Grid Ref NN 516 049	
Leader	Neil Kitchener		
<i>Walk led at an easy pace</i>			
Grade B	Ben Venue Ascent of Ben Venue from Loch Ard on footpaths, muddy in places, with easy scrambling up to the summit		
O.S. 57	Distance 11.5km	Ascent 810m	
Walk starts at	Ledard Farm	Grid Ref NN 459 023	
Leader	Christine Kitchener		
Grade B(easy)	Clyde Walkway, Old Lanark Road, Fiddlers Glen Good paths. muddy in places. Tarmac minor roads. Steep steps over railway at Braidwood		
O.S. 72	Distance 16km	Ascent 150m	
Walk starts at	Crossford Car Park	Grid Ref NS 827 464	
Leaders	Hazel Macfarlane and Margaret Wilson		

AUGUST 2018

Wednesday 8th August 2018

Tour of the Emirates Arena and Sir Chris Hoy Velodrome

1000 London Road, Glasgow, G40 3HG

Tour starts at 11am

No charge

Limited to 18

Tearoom available

Followed by walk around Tollcross Park

Meet at Lidl Car Park at 10am

To book, contact Freda Bunyan by 25th July

Saturday 11th August 2018

Walk led at an easy pace

Grade A

Stuc a' Chroin

Long ascent, steep in parts, rock strewn terrain

O.S. 57

Distance **21km**

Ascent **775m**

Walk starts at

Braeleny (above Bracklinn Falls)

Grid Ref **NN 637 108**

Leaders

Ann and Robert Bain

*****Cars leaving Southbank Business Park at 8am*****

Grade C+

Callendar Park (Falkirk) to Linlithgow (return by bus)

A linear walk on mostly good canal towpaths with a little road walking.
Part of John Muir Way. Return by bus

O.S. 65

Distance **12.8km**

Ascent **100m**

Walk starts at

Callendar Park, Falkirk

Grid Ref **NS 895 795**

Leader

Ann Martin

Seniors remember bus pass for return journey

Saturday 18th August 2018



**Callander
Brig o' Turk**



Grade B+ **Ben Ledi to Brig o' Turk**
Up to Ben Ledi and on to Brig o'Turk using paths and tracks. Steep in places
O.S. 57 Distance **15km** Ascent **925m**
Walk starts at **Layby N of Pass of Leny** Grid Ref **NN 587 093**
Leader **Eric Meechan**

Grade B **Kilmahog to Brig o' Turk on the South side of Venacher**
Minor roads, paths and hill tracks
O.S. 57 Distance **14.5km** Ascent **380m**
Walk starts at **Kilmahog Woollen Mill** Grid Ref **NN 610 084**
Leader **Maggie Nutley**

Grade C **Kilmahog to Brig o' Turk**
O.S. 57 Distance **9km** Ascent **100m**
Walk starts at **Kilmahog Woollen Mill** Grid Ref **NN 610 084**
Leaders **Ann Martin and Christine Duffy**

*****Bus leaving Southbank Business Park at 8.30am*****

Contact the Bus Convenor by 8th August to book your place

All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled

Saturday 25th August 2018

Grade B+ **Meall an T-Seallaidh**
Land rover tracks and open moorland
O.S. 51 Distance **14.7km** Ascent **850m**
Walk starts at **1.5 km S of Lochearnhead on A84 opposite** Grid Ref **NN 583 222**
Leader **sign for Edinchip Estate. Park at side of road**
 Matt Millar
 *****Cars leaving Southbank Business Park at 8.30am*****

Grade C **Brodict Circular (Arran)**
Walk from ferry towards Brodict Castle using footpaths, tracks and road
O.S. 69 Distance **12km** Ascent **100m**
Walk starts at **Brodict Pier** Grid Ref **NS 022 359**
Leaders **Barbara Martin and Hazel Macfarlane**
Approximate costs - Petrol and parking £8, Ferry fare £8 return
Ferry departs Ardrossan Pier at 9.45am and returns from Brodict Pier at 4pm
*****Cars leaving Southbank Business Park at 8am*****

SEPTEMBER 2018

Saturday 1st September 2018			
Grade B	John's Hill, Sim's Hill and Steele's Knowe		
	Hill paths and tracks with one burn crossing		
O.S. 58	Distance 13.4km	Ascent 610m	
Walk starts at	Corb Bridge Car Park	Grid Ref NO 017 082	
Leaders	Aileen McLay and Ailsa Macleannan		
Grade C+	Primrose Hill		
	The terrain is waymarked with private tarred road and forest paths		
O.S. 57	Distance 11.3km	Ascent 250m	
Walk starts at	Loch Katrine Car Park	Grid Ref NN 495 071	
Leader	Bob Cloggie		
Wednesday 5th September 2018			
Grade C+	Braeval Trail		
	Good forest roads		
O.S. 57	Distance 12km	Ascent 200m	
Walk starts at	Aberfoyle Woollen Mill	Grid Ref NN 522 009	
Leaders	Frances Price and Ann Martin		
Saturday 8th September 2018			
Grade B	Carleatheran		
	Steady ascent using footpaths and tracks		
O.S. 57	Distance 8km	Ascent 485m	
Walk starts at	Gargunnock Parish Church	Grid Ref NS 705 944	
Leader	David Mackenzie		
Grade C+	Beeccraigs and Cockleroy		
	A circular walk. Steep hill at Cockleroy but worth the climb with great views		
O.S. 65	Distance 10km	Ascent 278m	
Walk starts at	Beeccraigs Country Park Visitor Centre	Grid Ref NT 006 746	
Leader	Mary Brown		

Friday 14th September 2018

VISIT to GLASGOW MUSEUMS RESOURCE CENTRE

200 Woodhead Road, Nitshill, Glasgow, G53 7NN

Tour will start at 11am lasting approximately one hour

Numbers limited to 20

Meet at 10am at Lidl car park at Milton Road, Kirkintilloch, G66 1SY

It is also accessible by bus or train

To book contact Barbara Martin by 1st September

Saturday 15th September 2018

Grade B+

Colsnaur via Jerah

Mainly hill paths and tracks. One burn crossing

O.S. 58

Distance **12.5km**

Ascent **750m**

Walk starts at
Leader

Ochil Road, Menstrie
Maggie Nutley

Grid Ref **NS 849 970**

Walk led at an easy pace

Grade B

Colsnaur, There and back again

Ascent at an easy pace. Mainly hill paths and tracks

O.S. 58

Distance **10.5km**

Ascent **600m**

Walk starts at
Leader

Ochil Road, Menstrie
Kathleen Brolly

Grid Ref **NS 849 970**

Grade C+

Dunkeld, Atholl Woods

Forest track and road walking

O.S. 52

Distance **12km**

Ascent **260m**

Walk starts at

Car park on A923 Dunkeld / Blairgowrie, 2nd
Left – at post box (next left after Timber
Yard) on Tassack Brae

Grid Ref **NO 024 436**

Leader

Barbara Martin

*****Cars leaving Southbank Business Park at 8.30am*****

SEPTEMBER 2018

Friday 21st – Monday 24th September 2018

WALKING WEEKEND BASED IN BALLACHULISH

Dinner, Bed and Breakfast for 3 nights
Up to 4 levels of walks including B with easy pace uphill

Cost is approximately £70 per person per night for a twin/double room,
depending on numbers and distribution of double/single rooms
Single room supplement is £25 per day

Organised by Bob Cole

Booking requests to Bob Cole by 31st May

Deposit of £25 to Treasurer Robert Bain
Contact Robert for payment options

Saturday 29th September 2018

Grade B	Sauchie Crag A walk along Sauchie Crag, the quarries and the reservoir, mostly on footpaths or tracks with short lengths of road walking. Undulating walk with a few short steep sections	
O.S. 57	Distance 14km	Ascent 430m
Walk starts at Leader	Layby on road S of North Third Reservoir Neil Kitchener	Grid Ref NS 758 878
Grade C+	Kinlochard Circular Good forest roads	
O.S. 57	Distance 12km	Ascent 200
Walk starts at Leaders	Kinlochard Car Park Frances Price and Liz Paterson	Grid Ref NN 455 023

Kilometres	Miles
7.5	4.7
10	6.25
12	7.5
15	9.5
16	10
20	12.5
24	15

Metres	Feet
100	325
200	650
300	975
400	1,300
500	1,625
914	3,000
1,000	3,250

Conversions are approximate

WALK FORM

Preferred Dates	
Dates Unavailable	
Grade	
Walk Title	
Walk Description (indication of terrain, hazards e.g. burn crossings and steepness of ascent/descent)	
OS Landranger Map No(s)	
Distance (km)	
Cumulative Ascent (m)	
Walk starts at	
Grid Reference	
Transport Details	
Leader(s)	
Contact Details	

QUICK REFERENCE LIST

APRIL 2018

<i>Tue</i>	3 rd	4pm		<i>Indoor Bowling at Fintry</i>	<i>Bob Cole</i>
<i>Wed</i>	4 th		C+	Loch Ard Circular	Ann Martin
<i>Sat</i>	7 th		B+	Pentlands - Harbour, Capelaw, Falla	Parmjit Kaur,
	7 th		C+	Knowe and Castlelaw Hills	Maggie Nutley
<i>Sat</i>	14 th		B	Round East Lomond Hill	Alan Connor
	14 th		C	Tilli Circular and Mill Glen	Frank Duffy
<i>Sat</i>	21 st		B+	Redmoss Plantations & Alloch Dam	John and Elke Hinton
	21 st		C+	Ben Cleuch Circuit	David Ford
				Colzium, Banton Loch and	Sheila Meiklejohn,
				Auchinstarry Circular	Margaret Wilson
<i>Sat</i>	28 th		B	Duncolm and Burncrooks Reservoir	David Mackenzie
	28 th		B(easy)	The Knock of Crieff – <i>Easy Pace</i>	Ann Martin, Joan Darling
<i>Mon</i>	30 th	12.30pm		<i>Visit to Gurdwara</i>	<i>Parmjit Kaur</i>

MAY 2018

<i>Wed</i>	2 nd		C	Local Walk	Liz Paterson
<i>Fri</i>	4-7 th			<i>Scottish Ramblers Gathering - Perth</i>	
<i>Sat</i>	5 th		B+	Beinn Eich and Doune Hill	Bob Cole
	5 th		C	Kirkintilloch to Clachan of Campsie	Margaret Wilson,
					Hazel Macfarlane
<i>Sat</i>	12 th	5.30am	B	Coire Fhionn Lochan, Meall	Alan Thomson,
				Briorach and Glen Catacol (Arran)	Eric Meechan
	12 th	5.30am	B(easy)	Coire Fhionn Lochan and Glen	Alan Connor
				Catacol (Arran)	
	12 th		C+	Darvel Loudon Hill Circular	Liz Paterson
<i>Sat</i>	19 th	BUS	A	Hart Fell	Bob Cole
	19 th	8am	B	Devil's Beef Tub to Moffat	Ann Martin
	19 th	BUS	C	1. Archbank and Frenchland	Anne Clark, Ann Langley
				2. Riverside Walk	
<i>Tue</i>	22 nd	6.45pm		<i>Meal at Indian Cottage</i>	<i>Alan Connor</i>
<i>Sat</i>	26 th	8.30am	B	Stob Coire Creagach (Binnean an	Archie and Evelyn
				Fhìdhleir)	Leishman
	26 th	9.45am	C	River Kelvin Bridges	David Mackenzie

JUNE 2018

<i>Sat</i>	2 nd		B	Myreton Hill and Third Inchna Burn	Matt Millar
	2 nd		C	Gartmorn Dam	Ann Martin
<i>Sun</i>	3 rd	12.45pm		<i>Visit to Citizens Theatre</i>	<i>Hazel Macfarlane</i>
<i>Wed</i>	6 th		C	Paisley Bridges and Buildings	Cathie Urquhart,
					Christine Kitchener
<i>Sat</i>	9 th		A	The Cobbler – <i>Easy Pace</i>	Iain Walker
	9 th		C+	The Shores of Loch Katrine	Liz Paterson
<i>Sat</i>	16 th	8.30am	B+	Loch Ordie and Deuchary Hill –	Ann and Robert Bain
				<i>Easy Pace</i>	
	16 th	8.50am	C	Glasgow Points of Interest	Barbara Martin
<i>Sat</i>	23 rd	BUS	A	Stob a' Choire Odhar	Bob Cole
	23 rd	8am	B	Devil's Staircase	Aileen McLay, Joan Darling
	23 rd	BUS	C+	WHW and Old Military Road	Christine Kitchener
<i>Thu</i>	28 th	6.50pm		<i>Programme Meeting</i>	
<i>Sat</i>	30 th	8am	A	Beinn Tulaichean and Cruach	Archie and Evelyn
				Ardrain	Leishman
	30 th		B(easy)	Round Loch Thom and Gryfe	Alan Connor
				Reservoir	

QUICK REFERENCE LIST

JULY 2018

Wed	4 th		C+	Blane field, Glengoyne and West Highland Way	Hazel Macfarlane
Sat	7 th		B	Duncolm	Joan Darling
	7 th		C	Rumbling Bridge and Crook of Devon	Ann and Robert Bain
Sat	14 th		B	The Whangie and Burncrooks Reservoir	Moira Lang, Caroline Logan
	14 th	8.30am	C+	Glen Ogle - Killin Circular	Frances Price
Sat	21 st		B	Callander Craggs and beyond	Anne Wilkie, Ella Corbett
	21 st		C	Inchcailloch	Mary Brown
Wed	25 th	6pm		<i>Treasure Hunt</i>	<i>Neil Kitchener</i>
Sat	28 th	8am	A	An Caisteal	Bob Cole
	28 th		B	The Dumyats – <i>Easy Pace</i>	Frank Duffy

AUGUST 2018

Wed	1 st		C	Tintock Waterside Circular	Margaret Gibb
Sat	4 th		B	Ben Venue Linear	Neil Kitchener
	4 th		B	Ben Venue – <i>Easy Pace</i>	Christine Kitchener
	4 th		B(easy)	Clyde Walkway, Old Lanark Road, Fiddlers Glen	Hazel Macfarlane, Margaret Wilson
Wed	8 th	10am		<i>Tour of Emirates Arena - 11am</i>	<i>Freda Bunyan</i>
Sat	11 th	8am	A	Stuc a' Chroin – <i>Easy Pace</i>	Ann and Robert Bain
	11 th		C+	Callendar Park (Falkirk) to Linlithgow (return by bus)	Ann Martin
Sat	18 th	BUS	B+	Ben Ledi to Brig o' Turk	Eric Meechan
	18 th	8.30am	B	Kilmahog to Brig o' Turk (Venacher)	Maggie Nutley
	18 th	BUS	C	Kilmahog to Brig o' Turk	Ann Martin, Christine Duffy
Sat	25 th	8.30am	B+	Meall an T-Seallaidh	Matt Millar
	25 th	8am	C	Brodict Circular (Arran)	Barbara Martin, Hazel Macfarlane

SEPTEMBER 2018

Sat	1 st		B	John's Hill, Sim's Hill and Steele's Knowe	Aileen McLay, Ailsa MacLennan
	1 st		C+	Primrose Hill	Bob Cloggie
Wed	5 th		C+	Braeval Trail	Frances Price, Ann Martin
Sat	8 th		B	Carleatheran	David Mackenzie
	8 th		C+	Beecraigs and Cockleroy	Mary Brown
Fri	14 th	10am		<i>Tour of Glasgow Museums Resource Centre – 11am</i>	<i>Barbara Martin</i>
Sat	15 th		B+	Colsnaur via Jerah	Maggie Nutley
	15 th		B	Colsnaur, There and back again – <i>Easy Pace</i>	Kathleen Brolly
	15 th	8.30am	C+	Dunkeld, Atholl Woods	Barbara Martin
Fri	21st		3 levels of walk	Ballachulish Walking Weekend, 21st – 25th September	Bob Cole
Sat	29 th		B	Sauchie Craggs	Neil Kitchener
	29 th		C+	Kinlochard Circular	Frances Price, Liz Paterson

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com