



Dumgoyne from Mugdock, December 2017

Photo by Bob Cole

STRATHKELVIN RAMBLERS

Rambles and Hill Walks

Programme 55

OCTOBER 2018 – MARCH 2019

CONTACTS LIST

	Leader(s)	Telephone No	Mobile
	Pauline Anderson	0141 770 9943	07866 414 887
	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Bob Cole	0141 578 3533	07481 929 520
	Ella Corbett	0141 779 2595	
	Joan Darling	01360 311 922	07712 316 333
	Frank Duffy	0141 776 1638	
	David Ford	0141 578 6748	07938 884 883
	Alan Gemmell	0141 578 9812	07856 278 037
	Charlie Hasson	01506 411 886	07960 264 155
	Christine Kitchener	01360 312 347	07795 648 250
*	Neil Kitchener	01360 312 347	07802 320 958
	Moir Lang	0141 776 4161	07857 509 438
	Ann Langley	01360 310 807	
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
	Caroline Logan	0141 946 9184	07758 240 855
*	Hazel Macfarlane	0141 578 1611	07596 284 514
	David Mackenzie	0141 762 3412	07443 932 253
*	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
	Aileen McLay	0141 775 1339	07762 386 507
	Eric Meechan		07932 508 861
	Sheila Meiklejohn	0141 578 3093	
	Matt Millar	01236 728 970	07563 708 120
*	Maggie Nutley		07853 000 248
*	Liz Paterson		07490 285 426
	Frances Price		07772 998 906
	Hilary Sneddon	0141 776 1543	07908 219 770
	Alan Thomson	0141 776 4755	07860 497 905
	Anne Wilkie	0141 776 3145	07956 537 408

(* denotes Programme Sub-committee member)

RAMBLERS SCOTLAND

STRATHKELVIN GROUP

PROGRAMME No 55 (October 2018 – March 2019)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	James Lawson	0141 775 2845
Treasurer	Robert Bain	07802 452 693
Secretary	Ann Martin	01360 310 070
Programme Co-ordinator	Neil Kitchener	01360 312 347
Membership Secretary	Archie Leishman	01360 620 346
Webmaster	Archie Leishman	01360 620 346
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Barbara Martin	0141 779 3796
Footpaths Officer	James Lawson	0141 775 2845
Independent Member	Mary Brown	0141 578 3749

STRATHKELVIN RAMBLERS WEBSITE

You are encouraged to check our website [**www.strathkelvinramblers.org.uk**](http://www.strathkelvinramblers.org.uk) on a regular basis for ongoing changes to the current programme.

You can also register your email address with the membership secretary at [**membership@strathkelvinramblers.org.uk**](mailto:membership@strathkelvinramblers.org.uk) to be kept up-to-date with the latest news from the group.

THE RAMBLERS' ASSOCIATION

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to [**www.ramblers.org.uk/membershipenquiries**](http://www.ramblers.org.uk/membershipenquiries).

Non-Members are welcome to join us on two walks before joining the Ramblers.

Application forms are available from the Membership Secretary or you can apply online.

Joining the Ramblers gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the Walk Leader or Back Marker at all times
- Must not leave a walk without informing the Walk Leader or Back Marker
- Must inform the Walk Leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Walkers must be 18+ or accompanied by an adult holding parental responsibility. Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office (tel no 020 7339 8500) or see www.ramblers.org.uk/localgroups. Children under 15 are welcome but must be capable of doing the walk and must be accompanied at ALL times by an adult who holds parental responsibility
- Dogs are not allowed on any of our walks
- Must choose a grade of walk suitable to level of fitness and expertise. If unsure of the suitability of a walk, should contact the Walk Leader beforehand. It is not always possible to shorten a walk if overexerting oneself
- Where possible, should check the website the day before for any changes to the walk
- Walkers intending to meet the group at the walk start must check in advance with the Walk Leader as the walk may have changed.

GUIDELINES FOR WALK LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a Back Marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion. The Walk Leader or deputy should go to the normal group meeting point to advise any walkers of the change in plans
- Should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled or changed
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk (including car SatNav reference where possible)
- Should check if any events are scheduled to take place which may conflict with the walk
- Should check for lambing season, grouse shooting, deer stalking etc. in area of walk.

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the Walk Leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the Walk Leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

- A** Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents
- B+** Moderate to strenuous
- B** Moderate - hills and moorland paths
- C+** Mainly level but could have inclines - less than 17 km (10.5 miles)
- C** Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please consult the Walk Leader by telephone before 9.00pm on a day prior to the walk.

MEETING POINTS FOR CARS AND BUSES

Saturday - Southbank Business Park Visitor Parking, G66 1XQ.
Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.
Due to parking restrictions at Lidl store, the Walk Leader must hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

COST OF TRAVEL

Cars - A contribution of 10p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £10. The Walk Leader will advise members of cost on the day.

Buses – Cost £12

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled. Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

IMPORTANT DATES TO REMEMBER

ASAP	Contact the Secretary as soon as possible if interested in attending First Aid Training
7 Sep	Contact Hazel Macfarlane by this date if attending Indian Cuisine Cookery Lessons in October
20 Oct	Contact Hazel Macfarlane by this date if attending Scholars' Restaurant Lunch on 14 th November
15 Nov	Strathkelvin Ramblers 26th AGM
24 Nov	Cheques to Ann Martin by this date if attending Christmas Lunch
8 Dec	Christmas Lunch at Glazert Country House Hotel
31 Dec	Contact Bob Cole by this date if attending Indoor Bowling on 7 th January
12 Jan	Walk details and social events for Summer Programme by this date, if possible
14 Jan	Contact Barbara Martin by this date if attending visit to Loxley Colour in Cumbernauld on 20 th February
24 Jan	Programme Meeting in Miners Welfare and Social Club at 7pm All members welcome – meeting is not just for Walk Leaders
26 Jan	North Strathclyde Area AGM at Coatbridge Indoor Bowling Club
31 Jan	Contact Neil Kitchener by this date if planning to attend Strathpeffer Walking Weekend
1 Mar	Contact Aileen McLay by this date if attending visit to Kelvingrove Art Gallery and Museum on 19 th March
3-6 May	Scottish Ramblers Gathering 2019
27-30 Sep	Strathpeffer Walking Weekend 2019

***** REMEMBER TO *****

CHECK THE WEBSITE FOR ANY CHANGES TO THE PROGRAMME

**ALWAYS CONTACT THE WALK LEADER
IF PLANNING TO MEET THE GROUP AT THE WALK START LOCATION**

NOTICES

FIRST AID TRAINING

Over the winter months Strathkelvin Ramblers will run a First Aid Training Course.
Details are still being worked out as the programme goes to print.
It would be extremely helpful if interested members gave their names to the Secretary ASAP
as this will help us to organise the course

What you learn on the First Aid Training Course may save you or someone else's life
Don't hesitate - put your name down today

SHORT THURSDAY WALKS

Each Thursday, Jim Lawson leads a short walk of approximately 3 miles starting at 10am.
Walks are local, within a 10 mile radius of Kirkintilloch.
Walk start point is also the meet up point.
Linear walks use a local bus for the return leg (bring your bus pass if you have one).
After the walk, coffee and a chance to chat in a venue near starting point of walk

If interested, please phone Jim Lawson on 0141 775 2845 with your email address
Details will then be sent to you weekly

SCOTTISH RAMBLERS GATHERING 2019

Friday 3rd May to Monday 6th May 2019

The popular annual volunteer-run festival, The Gathering,
will be held in the Scottish Borders next year.
Eildon Ramblers have agreed to host the event, which will feature
a range of scenic walks and social activities.
More details, including how to register and book accommodation,
will be added to the homepage of the Ramblers Scotland website this autumn
and distributed via the monthly Scottish e-newsletter to members

For more information, go to www.ramblers.org.uk/scotland

STRATHKELVIN RAMBLERS WALKING WEEKEND - AUTUMN 2019

Friday 27th to Monday 30th September 2019

Located in Strathpeffer staying at Bay Highland Hotel.
Dinner, Bed and Breakfast for 3 nights with up to 3 levels of walks.
Double/twin room rate is £110 per person.
Single occupancy is a premium of £5 per night

Booking requests to Neil Kitchener by 31st January 2019

OCTOBER 2018

October 2018

INDIAN CUISINE COOKERY LESSONS

by

Surinder Kaur Atwal

26 Cortmalaw Gardens, Bishopbriggs, G33 1TJ

There will be 2 blocks of 3 lessons each and numbers will be limited to 6 on each block

The lessons will start at 11am on the following dates and last approximately 1 hour

Monday, 1st October Starters

Monday, 8th October Mains

Monday, 15th October Sweets

Monday, 22nd October Starters

Monday, 29th October Mains

Monday, 5th November Sweets

To book contact Hazel Macfarlane by 7th September

Wednesday 3rd October 2018

Grade C+

Kilsyth Round Town Walk

A good circular walk mainly on paths, some surfaced paths and minor roads around the town of Kilsyth

O.S. 64

Distance **11km**

Ascent **100m**

Walk starts at
Leaders

Colzium House Car Park
Ann Martin and Ann Langley

Grid Ref **NS 729 786**

Saturday 6th October 2018

Grade B

Carman Reservoir and Hill Fort

Varied walk on paths, tracks, open hillside and moorland. A couple of steep climbs and wet underfoot in some sections

O.S. 56,63,64

Distance **15.4km**

Ascent **390m**

Walk starts at
Leaders

Car Park opposite Balloch Station
Archie and Evelyn Leishman

Grid Ref **NS 387 824**

Grade C+

Crieff Circular

Circular walk, mostly on paths with a little road walking, good views

O.S. 52

Distance **12.8km**

Ascent **150m**

Walk starts at
Leaders

Taylor Park, Crieff
Ann Martin and Joan Darling

Grid Ref **NN 865 225**

OCTOBER 2018

Saturday 13th October 2018			
Grade B	Menteith Hills		
	Paths and tracks, but can be muddy on return leg		
O.S. 57	Distance 11.8km	Ascent 400m	
Walk starts at	Braeval Forestry Car Park	Grid Ref NN 543 006	
Leader	Charlie Hasson		
Grade C+	Colzium, Banton Loch and Auchinstarry Circular		
	Mainly paths, no stiles or burn crossings		
O.S. 64	Distance 12km	Ascent Negligible	
Walk starts at	Colzium Car Park	Grid Ref NS 733 785	
Leader	Sheila Meiklejohn		
Saturday 20th October 2018			
Grade A-	Ptarmigan		
	Steady climb, sometimes steep, on rocky path, superb views over Loch Lomond up and down		
O.S. 56	Distance 9.7km	Ascent 760m	
Walk starts at	Rowardennan Car Park	Grid Ref NS 360 986	
Leader	Bob Cole		
Grade C+	Culross and Devilla		
	Mostly on good paths and some road walking - paths may be muddy		
O.S. 65	Distance 12km	Ascent 100m	
Walk starts at	Culross Car Park to west of Culross	Grid Ref NS 983 858	
Leaders	Ann Martin and Christine Pacione		
Saturday 27th October 2018			
Grade B+	Dumgoyne from Blane field		
	Good paths and tracks. Steepish ascent		
O.S. 64	Distance 9.6km	Ascent 350m	
Walk starts at	St Kessog's Church Car Park, Blane field	Grid Ref NS 556 796	
Leaders	Ann and Robert Bain		
Grade C+	Torrance and Cadder Circular		
	Good paths		
O.S. 64	Distance 12.5km	Ascent Negligible	
Walk starts at	Southbank Business Park	Grid Ref NS 654 734	
Leaders	Joan Darling and Ann Langley		

NOVEMBER 2018

Saturday 3rd November 2018			
Grade B	Three Hills and Three Lochs Loop in the Kilpatrick Hills		
	This walk takes in Lang Craigs, Doughnot and Duncolm hills along with Black Linn, Fynloch and Loch Humphrey		
O.S. 64	Distance 13km	Ascent 401m	
Walk starts at	Overton House Car Park, Milton	Grid Ref NS 424 762	
Leader	Pauline Anderson		
Grade C+	Chatelherault Country Park Circular		
	Good paths		
O.S. 64	Distance 13km	Ascent 184m	
Walk starts at	Visitor Centre, Chatelherault County Park	Grid Ref NS 737 540	
Leader	David Ford		
Wednesday 7th November 2018			
Grade C	Blanefield to Killearn		
	Good path which can be muddy in places. Service bus from Killearn back to Blanefield		
O.S. 57 & 64	Distance 12km	Ascent 120m	
Walk starts at	St Kessog's Church Car Park, Blanefield	Grid Ref NS 556 796	
Leader	Frances Price		
	Seniors, please remember your bus pass for return journey		
Saturday 10th November 2018			
<i>Walk to be led at an easy pace</i>			
Grade B(easy)	Craigmore and beyond		
	Good paths		
O.S. 57	Distance 10.2km	Ascent 400m	
Walk starts at	Aberfoyle Woollen Mill	Grid Ref NN 522 009	
Leader	Frank Duffy		
Grade C	No walk submitted		
Wednesday 14th November 2018			
SCHOLARS' RESTAURANT LUNCH			
City Campus, 190 Cathedral Street, Glasgow G4 0RF			
12 Noon for 12.15pm			
Three course lunch			
Date and cost to be confirmed			
Numbers may be limited			
To book contact Hazel Macfarlane by 20th October			

NOVEMBER 2018

Thursday 15th November 2018

STRATHKELVIN RAMBLERS 26th ANNUAL GENERAL MEETING

Invitation to all members to attend the Annual General Meeting
to be held in the Park Centre
Kerr Street, Kirkintilloch G66 1LF

Tea, coffee, home baking

Start time 6.45pm for 7pm

Saturday 17th November 2018

Grade B	Dumyat Circular via Yellow Craig	
	Track and hill paths with some short steep ascents and descents	
O.S. 57	Distance 10km	Ascent 513m
Walk starts at	Blairlogie Car Park	Grid Ref NN 831 969
Leaders	Ailsa Maclellan and Aileen McLay	
Grade C+	Blanefield Meander	
	Circular walk taking in part of John Muir Way and WHW. Mostly on good paths with a few muddy areas	
O.S. 64	Distance 12.8km	Ascent 132m
Walk starts at	St Kessog's Church Car Park, Blanefield	Grid Ref NS 556 796
Leaders	Ann Martin and Ann Langley	

Saturday 24th November 2018

Grade B	River Ayr Way –Ayr to Annbank	
	Walk on footpaths, tracks and roads alongside the River Ayr	
O.S. 70	Distance 15km	Ascent 100m
Walk starts at	Browns Crescent, Annbank	Grid Ref NS 408 234
Leaders	Neil and Christine Kitchener	
	Drive to Browns Crescent Annbank to catch bus to Ayr	
	Remember to bring bus pass or cash	
	Cars leaving Southbank Business Park at 8.30am	
Grade C+	Dalzell Estate and Baron's Haugh	
	Walk starts at Strathclyde Country Park following the river Clyde to Dalzell Country park. The walk will continue around the estate, some paths are steep but overall a fairly easy walk. Could be muddy depending on the weather	
O.S. 64	Distance 13km	Ascent 110m
Walk starts at	Strathclyde Park Watersports Centre	Grid Ref NS 730 565
Leader	Barbara Martin	

DECEMBER 2018

Saturday 1st December 2018

Grade B	Glen Quey and Seamab Hill	
	Pleasant walk on ATV track, hill paths and a little rough ground	
O.S. 58	Distance 15km	Ascent 360m
Walk starts at	Castle Campbell Car Park, Dollar	Grid Ref NS 963 994
Leaders	David Mackenzie and Eric Meechan	
Grade C+	Stirling Castle Meander	
	Paths and some road walking	
O.S. 57	Distance 12km	Ascent 200m
Walk starts at	Wallace Monument Car Park	Grid Ref NS 808 957
Leader	Maggie Nutley	

Wednesday 5th December 2018

Grade C+	Bothlin Burn, Some History, Stoneyetts and Back	
	Good tracks and roads	
O.S. 64	Distance 12km	Ascent 100m
Walk starts at	Leisure Centre Car Park, Kirkintilloch	Grid Ref NS 657 732
Leader	Alan Gemmell	
	Meet at Kirkintilloch Leisure Centre to start walk at 9am	

Saturday 8th December 2018

CHRISTMAS LUNCH

At Glazert Country House Hotel, Lennoxton, G66 7DJ
12.30pm for 1pm

Cost for 3 courses with tea or coffee and including gratuity is £19

Cheque for £19 made payable to 'Strathkelvin Ramblers' to **Ann Martin**
by **Saturday 24th November**, at the very latest

To book contact Ann Martin by 24th November

DECEMBER 2018

Saturday 15 th December 2018			
Grade B	Innerdownie Ridge 4x4 tracks and open moorland		
O.S. 58	Distance 13.5km	Ascent 558m	
Walk starts at Leader	Castle Campbell Car Park, Dollar Matt Millar	Grid Ref NS 963 994	
Grade C+	Alloch Dam Railway walkway, quiet roads, footpaths, can be muddy around the dams		
O.S. 64	Distance 12km	Ascent 75m	
Walk starts at Leader	Southbank Business Park Hazel Macfarlane	Grid Ref NS 654 734	
Saturday 22 nd December 2018			
Grade B(easy)	Gleann Dubh Circular Mainly defined Land Rover tracks. Walking poles and gaiters recommended		
O.S. 57	Distance 19km	Ascent 210m	
Walk starts at Leader	Loch Ard Forest Parking Area Alan Thomson	Grid Ref NN 499 012	
Grade C	No walk submitted		
Saturday 29 th December 2018			
Grade B	Cort-ma Law and Lecket Hill Circular walk on paths and open hillside with views over Lennoxtown, Milton of Campsie and beyond. Boggy in sections with a few grassy inclines		
O.S. 64	Distance 11.5km	Ascent 324m	
Walk starts at Leaders	Crow Road Car Park, near Lennoxtown Archie and Evelyn Leishman	Grid Ref NS 613 801	
Grade C+	The Greenock Cut and Shielhill Glen Initially open moorland and then route keeps beside the Greenock Cut with the last part of the walk through the steep sided wooded Shielhill Glen		
O.S. 63	Distance 14.5km	Ascent Negligible	
Walk starts at Leader	Greenock Cut Visitor Centre Caroline Logan	Grid Ref NS 246 721	

JANUARY 2019

Saturday 5th January 2019

Grade B(easy)	Kelly Cut Circular Tracks and paths	
O.S. 63	Distance 16km	Ascent 240m
Walk starts at	Greenock Cut Visitor Centre	Grid Ref NS 246 721
Leader	David Ford	
Grade C+	Strathclyde Park to Chatelherault Park Good walking paths and some tarred lanes	
O.S. 64	Distance 12km	Ascent Negligible
Walk starts at	Strathclyde Park Watersports Centre	Grid Ref NS 730 565
Leader	Liz Paterson	

Monday 7th January 2019

Indoor Bowling

Fintry Sports Centre, G63 0YA

No experience required, equipment supplied

This is NOT 10 Pin Bowling, far more gentle

Comfortable walking clothes ideal

Play on carpet in centrally heated indoor bowling hall

Bowling from 4.30pm to 6.30pm followed by High Tea

Cost is £6 for bowling and £11 for High Tea

Please feel free to attend either bowling or High Tea – both recommended

To book contact Bob Cole by Monday 31st December 2018

Saturday 12th January 2019

Grade B(easy)	Arlehaven “Alps” Circular Mainly track, some rough ground and hill paths. Could be wet	
O.S. 64	Distance 14.5km	Ascent 400m
Walk starts at	St. Kessog’s Church Car Park, Blanefield	Grid Ref NS 556 796
Leader	Aileen McLay	
Grade C+	Pollok Park Spiral Good paths	
O.S. 64	Distance 12km	Ascent Negligible
Walk starts at	Pollok Park	Grid Ref NS 547 618
Leader	Maggie Nutley	

JANUARY 2019

Saturday 19th January 2019

Grade B+	Stronend and Fintry Hills	
	Farm tracks and hill paths with one steep, short scramble	
O.S. 57	Distance 12.8km	Ascent 400m
Walk starts at	Fintry Sports Centre	Grid Ref NS 615 869
Leader	David Mackenzie	
Grade C+	Cairnoch Hill Circular	
	Walk on forest tracks around Cairnoch Hill with gentle slopes	
O.S. 57	Distance 10km	Ascent 220m
Walk starts at	Layby at entrance to Cairnoch Hill forest	Grid Ref NS 683 861
Leader	Christine Kitchener	

Thursday 24th January 2019

PROGRAMME MEETING

*****Kirkintilloch Miners Welfare and Social Club*****

Saramago Street, Kirkintilloch, G66 3AA

6.50pm for 7pm start

Lots of walks are required for our next programme. Suggestions are also needed for social events. If possible, please send or phone details of your walks and/or social events in advance and be as flexible as possible with dates. If you have a specific date in mind, could you also give alternative dates and/or dates that you can't manage. This allows some preparation to be done by the Programme Sub-Committee prior to the Programme Meeting

Please make an effort to come along to the meeting as it is vital to try to fill our programme and avoid gaps. It is also an opportunity to exchange ideas and get a preview of the next programme of walks

Tea and coffee will be provided

This meeting is for ALL active walking members - not just for Walk Leaders

If possible, email details of walks and social events to

programme@strathkelvinramblers.org.uk

Alternatively, pass details to any member of the Programme Sub-Committee

by Saturday 12th January

Copy of walk form on page 19

Paper copies can also be obtained from any member of the Programme Sub-committee

JANUARY / FEBRUARY 2019

Saturday 26th January 2019

NORTH STRATHCLYDE AREA AGM and MEMBERS' WALK

The AGM of North Strathclyde Area of the Ramblers Association
will be held at 10am for 10.30am in the main hall at
Coatbridge Indoor Bowling Club, Quarry Street, Coatbridge ML5 3PU

As Strathkelvin Group forms part of North Strathclyde Area,
all members are encouraged to attend

The Notice and Agenda for the meeting will be sent to all members in December

A short walk will take place after the meeting

FEBRUARY 2019

Saturday 2nd February 2019

Grade B	Cochno Hill, Jaw Reservoir and The Slacks	
	Fields and hill trails which can be very muddy, short ascent	
O.S. 64	Distance 13km	Ascent 365m
Walk starts at	Cochno Hill Car Park, Cochno Road,	Grid Ref NS 502 743
	Hardgate	
Leader	Caroline Logan	

Grade C+	Round about Strathblane and Mugdock	
	Paths and tracks but could be very muddy in places	
O.S. 64	Distance 11km	Ascent 300m
Walk starts at	Strathblane Parish Church Car Park	Grid Ref NS 563 794
Leaders	Ella Corbett and Anne Wilkie	

Wednesday 6th February 2019

Grade C	Local Walk	
	Good paths	
O.S. 64	Distance 12.5km	Ascent Negligible
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leader	Liz Paterson	

FEBRUARY 2019

Saturday 9th February 2019

Grade B	Stank Glen In the main 4x4 tracks	
O.S. 57	Distance 9km	Ascent 393m
Walk starts at	Pass of Ben Ledi Car Park	Grid Ref NN 587 090
Leader	Matt Millar	
Grade C+	Kirkintilloch - Auchengeich Circular Mostly on paths with some road walking and slight inclines	
O.S. 64	Distance 12km	Ascent 100m
Walk starts at	Southbank Business Park	Grid Ref NS 654 734
Leader	Moira Lang	

Saturday 16th February 2019

Grade B	River Ayr Way – Annbank to Catrine Walk on footpaths, tracks and roads alongside the River Ayr	
O.S. 70	Distance 18km	Ascent 100m
Walk starts at	Browns Crescent, Annbank	Grid Ref NS 408 234
Leaders	Neil and Christine Kitchener	
Grade C	Oakwood, Gartness, Killearn Circular Scenic minor roads, one field crossing which could be muddy, West Highland Way	
O.S. 57	Distance 11km	Ascent 80m
Walk starts at	Oakwood Garden Centre	Grid Ref NS 511 849
Leader	Hazel Macfarlane	

Wednesday 20th February 2019

Loxley Colour

1 Drum Mains Park, Orchardton Woods, Cumbernauld, G68 9LD

Anyone interested in photography, a visit to Loxley Colour will inspire you
The various finishes and textures are amazing
The free tour of their showroom and laboratories will take approximately 1 hour
Followed by lunch at Caulders, Kirkintilloch

Numbers are limited to 12

Tour starts at 11.30am

Meet at Lidl car park at 10.50am to depart at 11am

To book contact Barbara Martin by 14th January 2019

FEBRUARY / MARCH 2019

Saturday 23rd February 2019

Grade B	Conic Hill	
	Steady climb with great views over Loch Lomond and beyond	
O.S. 56 & 57	Distance 11km	Ascent 340m
Walk starts at	Garadhban Forest Car Park	Grid Ref NS 479 908
Leader	Joan Darling	
Grade C+	Mugdock Meander	
	Good paths around Mugdock Estate	
O.S. 64	Distance 12km	Ascent Negligible
Walk starts at	Mugdock Country Park – Visitor Car Park	Grid Ref NS 547 780
Leaders	Ann and Robert Bain	

MARCH 2019

Saturday 2nd March 2019

Grade B	Glen Finglas Reservoir	
	Good tracks and farm roads	
O.S. 57	Distance 10.9km	Ascent 404m
Walk starts at	Car Park at Glen Finglas Information Centre	Grid Ref NN 546 065
Leader	Matt Millar	
Grade C+	Clyde Walkway	
	Good paths	
O.S. 64	Distance 12km	Ascent Negligible
Walk starts at	Maudslie Bridge	Grid Ref NS 803 502
Leader	Liz Paterson	

Wednesday 6th March 2019

Grade C+	Drymen Circular	
	Walk with lovely views over Loch Lomond. Mostly on good paths with some short road walking in places	
O.S. 57	Distance 12km	Ascent 150m
Walk starts at	Stirling Road Car Park, Drymen	Grid Ref NS 473 886
Leaders	Frances Price and Ann Martin	

MARCH 2019

Saturday 9th March 2019	
Grade B	Tour of the Bins The walk views, but does not climb, Meikle Bin, Little Bin and Bin Bairn on paths, forest tracks and rides, returning via Lecket Hill
O.S. 57	Distance 14km Ascent 470m
Walk starts at	Lay-by on Crow Road between Lennoxtown and Fintry Grid Ref NS 629 816
Leader	Bob Cole
Grade C+	Allan Water Part of the walk on single track road. Paths can be muddy, uneven
O.S. 57	Distance 11km Ascent Negligible
Walk starts at	Dunblane Cathedral (rear Car Park) Grid Ref NN 781 012
Leader	Barbara Martin
Saturday 16th March 2019	
Grade B	Glen Douglas, Loch Long and Tarbet Approximately 9 miles (14.5km) on tarmac road and 4 miles (6.5km) on undulating rocky paths and open countryside and crossing of A82 required. Walk time about 6.5 hours. Walking poles, gaiters and additional water advised
O.S. 56	Distance 21km Ascent 300m
Walk starts at	Parking area opposite the Tarbet Hotel at Loch Lomond Grid Ref NN 320 045
Leaders	Alan Thomson and Eric Meechan ***Cars leaving Southbank Business Park at 08.30am***
Grade C	The Pineapple, Airth A NTS property with an interesting history. On good paths which may be muddy in places
O.S. 65	Distance 9.5km Ascent Negligible
Walk starts at	The Pineapple Car Park, Airth off the A905 SE of Stirling Grid Ref NS 890 884
Leaders	Frances Price and Ann Martin

MARCH 2019

Tuesday 19th March 2019

Visit to Kelvingrove Art Gallery and Museum

Argyle Street, G3 8AG

Please meet at 10.15am inside the gallery for a guided tour
which will commence at 10.30am and last approximately 1hour 15mins.

To follow there will be a snack lunch and then the opportunity to listen
to the famous daily organ recital which has a varied programme.
Weather permitting, those wishing to do so can walk back to the Bus Station.
Details and cost of lunch nearer the time

First Bus 77 from Buchanan Bus Station goes to Kelvingrove

To book contact Aileen McLay by 1st March 2019

Saturday 23rd March 2019

Grade B(easy)	Non Beinn Uird Tracks and paths Distance 10km Rowardenan Car Park Aileen McLay and Joan Darling	Ascent 376m Grid Ref NS 360 986
O.S. 56 Walk starts at Leaders		

Grade C	Stockbridge and Botanical Gardens, Edinburgh Roads, pavements and parkland paths Distance 7.5km Waverley Station Hilary Sneddon Travel to Edinburgh by public transport, either bus or train, and meet at top of Waverley Station steps on Princes Street at 10am . If travelling by train, meet at Lenzie Station no later than 8.50am	Ascent 115m Grid Ref NT 257 738
O.S. 66 Walk starts at Leader		

Saturday 30th March 2019

Grade B	Carleatheran, Gargunnock Hills Land Rover tracks, quad tracks and open hillside. Walking poles and gaiters advised Distance 19.5km Carron Valley Parking Area, Todholes off B818 Alan Thomson and Eric Meechan	Ascent 485m Grid Ref NS 673 861
O.S. 57 Walk starts at Leaders		

Grade C+	Aberfoyle Loop Paths and tracks Distance 12.8km Aberfoyle Woollen Mill Kathleen Brolly and Ann Martin	Ascent 150m Grid Ref NN 522 009
O.S. 57 Walk starts at Leaders		

WALK FORM

Preferred Dates	
Dates Unavailable	
Grade	
Walk Title	
Walk Description (indication of terrain, hazards e.g. burn crossings and steepness of ascent/descent)	
OS Landranger Map No(s)	
Distance (km)	
Cumulative Ascent (m)	
Walk starts at	
Grid Reference	
Transport Details	
Leader(s)	
Contact Details	

A copy of the walk form can be downloaded, in either PDF or WORD format, from the Downloads page of the website. If you have the appropriate software, the form can be completed electronically (remember to click on “Enable Editing”) and emailed to **programme@strathkelvinramblers.org.uk**

QUICK REFERENCE

OCTOBER 2018

Mon				<i>Indian Cuisine Cookery Lessons</i>	<i>Surinder Kaur Atwal</i>
Wed	3 rd	C+		Kilsyth Round Town Walk	Ann Martin, Ann Langley
Sat	6 th	B		Carman Reservoir and Hill Fort	Archie & Evelyn Leishman
	6 th	C+		Crieff Circular	Ann Martin, Joan Darling
Sat	13 th	B		Menteith Hills	Charlie Hasson
	13 th	C+		Colzium, Banton Loch and Auchinstarry Circular	Sheila Meiklejohn
Sat	20 th	A-		Ptarmigan	Bob Cole
	20 th	C+		Culross and Devilla	Ann Martin, Christine Pacione
Sat	27 th	B+		Dumgoyne from Blanefield	Ann & Robert Bain
	27 th	C+		Torrance and Cadder Circular	Joan Darling, Ann Langley

NOVEMBER 2018

Sat	3 rd	B		Three Hills and Three Lochs Loop in the Kilpatrick Hills	Pauline Anderson
	3 rd	C+		Chatelherault Country Park Circular	David Ford
Wed	7 th	C		Blanefield to Killearn	Frances Price
Sat	10 th	B(easy)		Craigmore and beyond	Frank Duffy
	10 th	C		No walk submitted	
Wed	14 th	12noon	tbc	<i>Scholars' Restaurant Lunch</i>	<i>Hazel Macfarlane</i>
Thu	15 th	6.45pm		26th Strathkelvin Ramblers AGM	
Sat	17 th	B		Dumyat Circular via Yellow Craig	Ailsa MacIennan, Aileen McLay
	17 th	C+		Blanefield Meander	Ann Martin, Ann Langley
Sat	24 th	8.30am	B	River Ayr Way – Ayr to Annbank	Neil & Christine Kitchener
	24 th	C+		Dalzell Estate and Baron's Haugh	Barbara Martin

DECEMBER 2018

Sat	1 st	B		Glen Quey and Seamab Hill	David Mackenzie, Eric Meechan
	1 st	C+		Stirling Castle Meander	Maggie Nutley
Wed	5 th	C+		Bothlin Burn, Some History, Stoneyetts and Back	Alan Gemmell
Sat	8 th	12.30pm		Christmas Lunch	Ann Martin
Sat	15 th	B		Innerdownie Ridge	Matt Millar
	15 th	C+		Alloch Dam	Hazel Macfarlane
Sat	22 nd	B(easy)		Gleann Dubh Circular	Alan Thomson
	22 nd	C		No walk submitted	
Sat	29 th	B		Cort-ma Law and Lecket Hill	Archie & Evelyn Leishman
	29 th	C+		The Greenock Cut and Shielhill Glen	Caroline Logan

tbc – to be confirmed

QUICK REFERENCE

JANUARY 2019

Sat	5 th		B(easy)	Kelly Cut Circular	David Ford
	5 th		C+	Strathclyde Park to Chatelerauld Park	Liz Paterson
Mon	7 th	4.30pm		Indoor Bowling at Fintry	Bob Cole
Sat	12 th		B(easy)	Arlehaven "Alps" Circular	Aileen McLay
	12 th		C+	Pollok Park Spiral	Maggie Nutley
Sat	19 th		B+	Stronend and Fintry Hills	David Mackenzie
	19 th		C+	Cairnoch Hill Circular	Christine Kitchener
Thu	24 th	6.50pm		Programme Meeting	
Sat	26 th	10am		North Strathclyde Area AGM	

FEBRUARY 2019

Sat	2 nd		B	Cochno Hill and Jaw Reservoir	Caroline Logan
	2 nd		C+	Round about Strathblane and Mugdock	Ella Corbett, Anne Wilkie
Wed	6 th		C	Local Walk	Liz Paterson
Sat	9 th		B	Stank Glen	Matt Millar
	9 th		C+	Kirkintilloch - Auchengeich Circular	Moir Lang
Sat	16 th		B	River Ayr Way - Annbank to Catrine	Neil & Christine Kitchener
	16 th		C	Oakwood, Gartness, Killearn Circular	Hazel Macfarlane
Wed	20 th	10.50am		Visit to Loxley Colour	Barbara Martin
Sat	23 rd		B	Conic Hill	Joan Darling
	23 rd		C+	Mugdock Meander	Ann & Robert Bain

MARCH 2019

Sat	2 nd		B	Glen Finglas Reservoir	Matt Millar
	2 nd		C+	Clyde Walkway	Liz Paterson
Wed	6 th		C+	Drymen Circular	Frances Price, Ann Martin
Sat	9 th		B	Tour of the Bins	Bob Cole
	9 th		C+	Allan Water	Barbara Martin
Sat	16 th	8.30am	B	Glen Douglas, Loch Long and Tarbet	Alan Thomson, Eric Meechan
	16 th		C	The Pineapple, Airth	Frances Price, Ann Martin
Tue	19 th	10.15am		Visit to Kelvingrove Art Gallery and Museum	Aileen McLay
Sat	23 rd		B(easy)	Non Beinn Uird	Aileen McLay, Joan Darling
	23 rd		C	Stockbridge and Botanical Gardens, Edinburgh	Hilary Sneddon
Sat	30 th		B	Carleatheran, Gargunnock Hills	Alan Thomson, Eric Meechan
	30 th		C+	Aberfoyle Loop	Kathleen Brolly, Ann Martin

tbc – to be confirmed

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com